

# Balance For Her

## Natural Essentials Cream



### ingredients

Organic Hemp Seed Oil, Organic Aloe Barbadensis (Aloe Leaf) Juice Extract, Concentrated Unrefined Organic Cold-Pressed Nigella Sativa (Black Seed) Oil, Organic Cocos Nucifera (Coconut) Oil, Hamamelis Virginiana (Witch Hazel) Water, Pelargonium graveolens (Geranium, Rose) Essential Oil, Tocopherol (Vitamin E), Helianthus Annuus (Sunflower) Seed Oil, Salvia sclarea (Clary Sage) Essential Oil, Citrus Sinensis (Orange, Blood) Essential Oil, Rosa Damascena (Rose) Flower Water, Citrus Paradisi (Grapefruit, Pink) Essential Oil, Organic Salix Alba (White Willow) Bark Extract, Whole Plant Phytocannabinoid Hemp Extract, Organic Rosmarinus Officinalis (Rosemary) Leaf Extract, Lavandula Angustifolia (Lavender, Fine) Essential Oil, Organic Melia Azadirachta (Neem) Seed Oil, Citrus Reticulata var Deliciosa (Mandarin, Green) Essential Oil, Vegetable Emulsifying Wax, Angelica archangelica (Angelica) Essential Oil, Jasminum grandiflorum (Jasmine) Essential Oil, Organic Alcohol, Glycerin, Stearic Acid, Xanthan Gum, L-Glutamic Acid

### suggested use

- Massage onto skin, particularly over the lower abdomen and back, as needed in a gentle, circular motion. Can be applied to wrists, arms, thighs, tummy, or wherever you like. For general debility, mental and emotional exhaustion, or to enhance feelings of physical and emotional intimacy.

### responsible cautions

- This product should be used only as directed on the label.
- Consult with a physician before use if you have a serious medical condition or use prescription medications.

\*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

### product summary

Women naturally experience several period of hormonal imbalance throughout their lifetime including during puberty, menstruation, pregnancy, childbirth, breast-feeding, perimenopause, menopause, and postmenopause. Because of their different endocrine organs and cycles, women are also at risk of developing different types of hormonal imbalance disorders than men.

Hormonal imbalance in women can manifest myriad symptoms including heavy, irregular, or painful periods, osteoporosis, hot flashes and night sweats, acne, increased hair growth on the face, neck, chest or back, infertility, weight gain, thinning hair or hair loss, skin tags or abnormal growths, deepening of the voice, breast tenderness, and more.

Balance Natural Essentials Cream For Her is a lightweight, non-greasy lotion that includes Aloe Vera Leaf Juice Powder, Hemp Seed Oil for its incredible moisturizing properties, antioxidant-rich Black Seed Oil that contains both Omega-3 and Omega-6 fatty acids, and essential oils known to have plant phytoestrogens properties that support hormone balance gently and naturally. Perfect for daily use after your shower or bath.

### ingredient highlights

**Hemp Seed Oil:** Reputed to be the most unsaturated oil derived from the plant kingdom, Hemp Seed Oil is a great moisturizer for dry, cracked skin without being so heavy that it clogs pores. It's rich in plant-based phytonutrients and anti-aging antioxidants like Vitamin E. Hemp Seed Oil also contains Gamma-linolenic acid (GLA) which has been shown in studies to help reduce various symptoms related to Menopause.

**Black Seed Oil:** Used in skincare routines, beautifying baths, and medicinal applications for thousands of years, Black Seed Oil has strong antioxidant and anti-inflammatory properties. Studies have shown Black Seed supports mood, relaxation, and cognition due to its effects on neurotransmitters in the brain and nervous system.

**Rose Geranium:** Often used to encourage serenity and a balanced mind, Rose Geranium promotes feelings of relaxation, emotional stability, and optimism.

**Clary Sage:** Well known for women's health issues in part because of the esters and phytoestrogen it contains, Clary Sage is particularly effective for regulation of menstrual cycles and cramping associated with menstruation. Clary Sage is also known to assist the body with symptoms of menopause.

### what it doesn't have

No GMOs, No Parabens, No Phthalates, No Formaldehyde, No Synthetic Fragrances, No Estrogen, No Steroids, No Dyes, No Hormones, No Synthetic Preservatives, No Petroleum, No Animal Testing