

GRAPSEED

carrier oil 1 ounce

*HB*Naturals
PRODUCT INFORMATION PAGE



application

Topical

ingredients

Vitis vinifera, cold pressed and unrefined

highlights

Grapeseed Oil is the preferred carrier oil for use with children and during pregnancy.*

Grapeseed oil has several important health benefits. It is a good source of essential fatty acids and vitamin E. It is also an effective natural hair moisturizer and conditioner. Consistent use of Grapeseed Oil as a supplement to your regular hair-care products will leave you with stronger, healthier, more attractive hair.*

Grapeseed Oil can help strengthen and repair damaged or broken capillaries and blood vessels which can help to improve circulation and alleviate conditions like varicose veins, spider veins, and hemorrhoids.*

Grapeseed Oil has anti-inflammatory properties and can provide relief against pain and swelling caused by arthritis and other inflammation-based conditions.*

product summary

Carrier oils, also known as message oils, are so named because they "carry" essential oils onto the skin.*

Carrier oil, sometimes referred to as base oil or vegetable oil, is used to dilute essential oils before they're applied to the skin in massage and aromatherapy.*

Carrier oils do not contain a concentrated aroma, unlike essential oils, although some have a mild, distinctive smell. Carrier oils should be as natural and unadulterated as possible, with organic being the best choice whenever possible.*

Each carrier oil offers a different combination of therapeutic properties and characteristics, and the choice of carrier oil can depend on the therapeutic benefit being sought.*

USES

- Pour at least 1 tablespoon in the palm of your hand, add 3-5 drops of your favorite essential oil or essential oil blend, mix by rubbing your palms together, and then apply the oils to deliver an all-around or targeted massage to relax and rejuvenate the body.*
- Works as an excellent body lotion, hand lotion, and facial moisturizer.*
- Use for a deep conditioning hot oil treatment in your hair, adding your favorite hair essential oil if desired.*
- Add a tablespoon to your bath to moisturize skin; favorite essential oil and/or bath salts may be added if desired.*
- Apply liberally to lower abdomen, breasts, and inner thighs daily to prevent and reduce stretch marks during and after pregnancy.*

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.