



Show Your Skin Some Love



NICELLA SATIVA
& FRANKINCENSE



Say Hello To Gorgeous

Clean 3-in-1 Cleanser deeply cleanses as it lifts dirt and impurities, gently exfoliates, and softens skin with natural fruit enzymes. Our organic, sulphate-free, non-foaming formula combines the anti-inflammatory benefits of Black Seed Oil with the anti-aging powerhouse Frankincense, and a trio of naturally-occurring Alpha Hydroxy Acids, to gently tone and restore skin's natural healing ability.

step 1: 3-in-1 cleanser (non-foaming)



Clean

Clean 3-in-1 Cleanser exfoliates your skin with a trio of naturally-occurring Alpha Hydroxy Acids (AHAs) - Malic Acid (from apples), Tartaric Acid (from grapes), and Glycolic Acid (from sugarcane) - and moisturizes and hydrates with fruit seed oils and Frankincense essential oils while protecting your skin with antioxidant rich Black Seed Oil that contains both omega-3 and omega-6 fatty acids.

How To Use:

Massage a small amount over damp face, neck, and décolletage in a gentle, circular motion. Rinse thoroughly with cool water and pat dry. Adjust use based on your skincare needs. Can be used daily or alternate with Heart & Body Naturals Charcoal & Cacao Bar. For best results follow with Heart & Body Naturals Repair Fine Line Cream, Revive Facial Serum, and Hydrate AM/PM Moisturizer.

Ingredients: Nigella Sativa (Black Seed) Oil, Unrefined Organic Cold-Pressed Hemp (Seed) Oil, Organic Prunus Armeniaca (Apricot) Kernel Oil, Boswellia carteri (Frankincense) Essential Oil, Organic Melia Azadirachta (Neem) Seed Oil, Organic Acer Saccharinum (Sugar Maple) Extract, Alpha Hydroxy (Glycolic, Tartaric, Malic) Acids, Organic Saccharum Officinarum (Sugar Cane) Extract, Organic Aloe Barbadensis (Aloe Leaf) Juice Extract, Linum Usitatissimum (Linseed) Seed Oil, Tocopherol (Vitamin E), Helianthus Annuus (Sunflower) Seed Oil, Vegetable Emulsifying Wax, Organic Rosmarinus Officinalis (Rosemary) Leaf Extract, Mangifera Indica (Mango) Seed Butter, Organic Camellia Sinensis (Green Tea) Leaf Powder Extract, Organic Vaccinium Myrtillus (Bilberry) Fruit Extract, Organic Citrus Sinensis (Orange) Peel Extract, Organic Vaccinium Macrocarpon (Cranberry) Fruit Extract, Organic Citrus Medica Limonum (Lemon) Peel Extract, Organic Salix Alba (White Willow) Bark Extract, Plumeria obtuse (frangipani) Essential Oil, Citrus Paradisi (Grapefruit) Essential Oil, Pelargonium graveolens (Rose Geranium) Essential Oil, L-Glutamic Acid, Xanthan Gum, Organic Butyrospermum Parkii (Shea Butter) Fruit, Quercetin, Cupressus sempervirens (Cypress) Essential Oil

Caution: For external use only. Avoid contact with the eyes. If contact occurs, rinse thoroughly with water. Keep out of reach of children.

Sunburn Alert: This product contains an Alpha Hydroxy Acid (AHA) that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week afterwards.

Wonder Wand

Repair Fine Line Cream provides a luxurious, anti-inflammatory moisture boost for the fine lines and wrinkles around the mouth and delicate eye area. Formulated with nutrient-packed organic ingredients, this cream visibly uplifts and rejuvenates for a vibrant, youthful look and more supple, hydrated skin.

step 2: fine line cream



Repair

Repair Fine Line Cream penetrates skin to visibly reduce fine lines and the appearance of wrinkles, revealing a glowing, youthful complexion. This highly-hydrating cream is specially formulated for use on lips and the delicate skin around the eyes. May be helpful for sagging, crepey lids & crow's feet.

How To Use:

Using the applicator provided, lightly apply a small amount over fine lines to be treated and then gently smooth over lines. Formulated specifically for use on lips and delicate eye area. Apply in the morning after cleansing your skin and before applying Heart & Body Naturals Hydrate AM/PM Moisturizer. Apply in the evening, followed by Revive Facial Serum and Hydrate AM/PM Moisturizer.

Ingredients: Nigella Sativa (Black Seed) Oil, Unrefined Organic Cold-Pressed Hemp (Seed) Oil, Calendula Officinalis (Pot Marigold) Flower Extract, Aspalathus Linearis (Rooibos) Leaf Extract, Punica Granatum (Pomegranate) Seed Oil, Boswellia carteri (Frankincense) Essential Oil, Adansonia Digitata (Baobab) Seed Oil, Alpha Hydroxy (Glycolic, Tartaric, Malic) Acids, Organic Aloe Barbadensis (Aloe Leaf) Juice Extract, Tocopherol (Vitamin E), Cucurbita Pepo (Pumpkin) Seed Oil, Helianthus Annuus (Sunflower) Seed Oil, Lavandula Angustifolia (Lavender) Flower Extract, Organic Vaccinium Macrocarpon (Cranberry) Fruit Extract, Vaccinium Angustifolium (Blueberry) Seed Extract, Olea Europaea (Olive) Fruit Oil, Plumeria obtuse (Frangipani) Essential Oil, Citrus Paradisi (Grapefruit) Essential Oil, Pelargonium graveolens (Rose Geranium) Essential Oil, Sclerocarya Birrea (Marula) Oil, Xanthan Gumn, Cupressus sempervirens (Cypress) Essential Oil

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Get Your Glow On

Revive Facial Serum penetrates deeply, delivering a high concentration of active ingredients to lift, brighten, and smooth your skin. Nutrient-packed organic ingredients help Revive plump fine lines and wrinkles while protecting against free radical damage. Use this super hydrating formula after cleansing but before moisturizing. Transform your skin's health today!

step 3: facial serum



Revive

Revive Facial Serum hydrates, reduces inflammation, brightens skin, and targets specific skincare concerns with powerful, concentrated plant-based ingredients. Leaves skin looking dewy fresh and more luminous, and can help reduce the appearance of dark spots with continued use.

How To Use:

Apply nightly on your face, neck, and décolletage after you cleanse. Place a pea-sized amount of Revive on fingertips and spread evenly over skin with gentle circular, upward motions. Revive should absorb within 5 minutes. Do not use too much. Your skin should feel soft, but not oily. Follow with Heart & Body Naturals Hydrate AM/PM Moisturizer.

Ingredients: Nigella Sativa (Black Seed) Oil, Unrefined Organic Cold-Pressed Hemp (Seed) Oil, Daucus Carota Sativa (Carrot) Seed Oil, Limnanthes (Meadowfoam) Seed Oil, Boswellia carteri (Frankincense) Essential Oil, Retinyl (Vitamin A) Palmitate, Organic Saccharum Officinarum (Sugar Cane) Extract, Pantothenic (Vitamin B3, B5) Acids, Organic Vaccinium Myrtillus (Bilberry) Fruit Extract, Organic Aloe Barbadensis (Aloe Leaf) Juice Extract, Alpha Hydroxy (Glycolic, Lipoic, Tartaric, Malic) Acids, Organic Acer Saccharinum (Sugar Maple) Extract, Organic Cocos Nucifera (Coconut) Oil, Rose Damascena (Rose) Flower Water, DMAE Bitartrate (Vegetable Source), Helianthus Annuus (Sunflower) Seed Oil, Coenzyme Q10, Organic Citrus Sinensis (Orange) Peel Extract, Organic Citrus Medica Limonum (Lemon) Peel Extract, Organic Vaccinium Macrocarpon (Cranberry) Fruit Extract, Plumeria obtusa (Frangipani) Essential Oil, Citrus Paradisi (Grapefruit) Essential Oil, Pelargonium graveolens (Rose Geranium) Essential Oil, Xanthan Gum, Cupressus sempervirens (Cypress) Essential Oil

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fresh face forward

Hydrate AM/PM Moisturizer formulated with organic ingredients to refine and brighten your skin, leaving it feeling soft, supple, hydrated, and revived. The naturally occurring Alpha Hydroxy Acids (AHAs) help peel away dead, uneven layers of old skin, leaving you with a glowing, more youthful appearance. This ultra-light moisturizer won't clog pores, and is suitable for all skin types.

step 4: am/pm moisturizer



Hydrate

Hydrate AM/PM Moisturizer is a luxuriously creamy, soothing moisturizer that's perfect for everyday use. Its rich blend of natural antioxidants, vitamins, and oils soften skin while protecting against free radical damage. This formula works for all skin types and is ideal for dry skin conditions.

How To Use:

Apply morning and evening after cleansing. Smooth onto cleansed skin with a gentle upward and outward motion. For best results, use with Heart & Body Naturals Clean 3-in-1 Cleanser, Repair Fine Line Cream, and Revive Facial Serum.

Ingredients: Nigella Sativa (Black Seed) Oil, Unrefined Organic Cold-Pressed Hemp (Seed) Oil, Boswellia carteri (Frankincense) Essential Oil, Whole Plant Phytocannabinoid Rich Cannabis Sativa (Hemp) Extract, Whole Plant Organic Cocos Nucifera (Coconut) Oil, Organic Laminaria Digitata (Sea Kelp) Extract, Organic Vaccinium Myrtillus (Bilberry) Fruit Extract, Tocopherol (Vitamin E), Alpha Hydroxy (Glycolic, Tartaric, Malic) Acids, Organic Vaccinium Macrocarpon (Cranberry) Fruit Extract, Organic Prunus Armeniaca (Apricot) Kernel Oil, Organic Citrus Medica Limonum (Lemon) Peel Extract, Organic Aloe Barbadensis (Aloe Leaf) Juice Extract, Helianthus Annuus (Sunflower) Seed Oil, Organic Melia Azadirachta (Neem) Seed Oil, Organic Acer Saccharinum (Sugar Maple) Extract, Organic Butyrospermum Parkii (Shea Butter) Fruit, Organic Salix Alba (White Willow) Bark Extract, Organic Saccharum Officinarum (Sugar Cane) Extract, Organic Rosmarinus Officinalis (Rosemary) Leaf Extract, Mangifera Indica (Mango) Seed Butter, Organic Camellia Sinensis (Green Tea) Leaf Powder Extract, Plumeria obtusa (Frangipani) Essential Oil, Organic Citrus Sinensis (Orange) Peel Extract, Citrus Paradisi (Grapefruit) Essential Oil, Pelargonium graveolens (Rose Geranium) Essential Oil, Xanthan Gum, Cupressus sempervirens (Cypress) Essential Oil

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