

TEA TREE

melaleuca alternifolia

10ml

*HB*Naturals
PRODUCT INFORMATION PAGE



application

Aromatic • Bath • Internal • Topical

properties

Wildcrafted

Producing Organ: Leaves

Extraction: Steam Distillation

Country of Origin: Australia

Safety Group: #1

Main Chemical Constituents: terpinene, cineol, pinene

Therapeutic Properties: Anti-infectious, anti-inflammatory, antiseptic, antiviral, bactericidal, balsamic, cicatrizant, diaphoretic, fungicidal, immuno-stimulant, parasiticide, vulnerary [Julia Lawless, *The Illustrated Encyclopedia of Essential Oils* (Rockport, MA: Element Books, 1995), 169.]

uses

- Add 8-10 drops to ½ cup Pink Himalayan or Dead Sea Bath Salts and mix into warm bath water.*
- Diffuse 10-12 drops in a cool mist essential oil diffuser.*
- Mix 10 drops of Tea Tree in 6 ounces of water and gargle to assist with a fresh, healthy mouth.*
- Apply 1 drop to the back of the hand and then lick off.*
- Mix 2-4 drops Tea Tree in 1 pint of hot or cold water; soak a towel in water and apply to the desired location. Cover the area with a dry towel and heating pad or ice pack.*
- Apply 10-15 drops on the absorbent inner core of a nasal inhaler, cap the bottom, and inhale as needed.*

product summary

Our present knowledge of the properties and uses of Tea Tree is based on a very long history of use by the aboriginal people of Australia. One of more than 30 species of "paperbark" trees that flourish in Australia, Tea Tree belongs to the Melaleuca genus, and is closely related to Melaleuca quinquenervia (which produces Niaouli oil). The name Melaleuca comes from the Greek melas (black) and leukos (white) – referring to the contrast between the dark green foliage, which appears black, and the loose, paper-thin, and very white bark.*

An incredibly useful essential oil, Tea Tree, along with Lavender, is one of the essential oils mild enough to be used in small quantities directly on the skin. It is an excellent antifungal oil useful for cuts, pimples, and wounds, and as an inhalation for colds.*

Tea Tree, unlike antibiotics, does not kill indiscriminately, but can identify and kill destructive bacteria while leaving the friendly bacteria we need to stay healthy. Tea Tree also stimulates the immune system to help you stay healthy. Unlike antibiotics, if the infection is caused by a virus, Tea Tree has been found to be antibacterial, antiviral, and antifungal.*

Oils like Oregano, Thyme ct. thymol, and Lemongrass have the potential to literally burn the skin if not used properly. Tea Tree, on the other hand, is a powerful antibacterial, antiviral, and antifungal oil which is safe. With repeated application, it can be as effective as the stronger essential oils.*

responsible cautions

- Non-toxic, non-irritant, possibly sensitizing in some people.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.