GUT CHECK

matcha probiotic hydration





ingredients

Organic Camellia sinensis (Matcha Green Tea) Powder, Organic Cocos nucifera (Coconut Water) Powder, Organic Blue Agave Inulin (Agave Tequilana) Powder, Organic Luo han guo (Monk Fruit) Powder, MicrobiomeX® Citrus Flavonoid Extract (Citrus sp.) (Whole Fruit), Fulvic Mineral Powder Concentrate

MicrobiomeX® is a registered trademark of BioActor B.V., used under license.

MicrobiomeX

suggested use

 Mix 1 scoop (½ teaspoon) with 2 ounces of cool water and stir with a whisk or electric frother until a smooth froth forms. Add hot or cold water to taste for tea, or add milk for a latte, and enjoy. May be sweetened to taste with preferred sweetener. Refrigerate after opening for maximum freshness.*

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

product summary

Gut Check combines ceremonial grade matcha tea with the patented ingredient MicrobiomeX® and a fulvic mineral concentrate.*

Matcha tea has been used for centuries in traditional Japanese tea ceremonies, and offers many health benefits.*

MicrobiomeX® is a patented natural extract from citrus fruit, especially designed to support a healthy microbiome composition in the gut.*

Gut Check can be mixed with water or milk and consumed hot or cold. It's delicious added to smoothies and can be included in baked goods as well.*

ingredient highlights

- Matcha Tea: Comes from the same plant as green tea, but is made from the entire leaf, so it packs in a more concentrated amount of antioxidants and beneficial plant compounds. Numerous studies have confirmed a variety of health benefits associated with matcha, ranging from enhancing weight loss to decreasing the risk of heart disease. Matcha has also been found to be liver-protective, and its caffeine and L-theanine content have been shown to improve several aspects of brain function.*
- MicrobiomeX®: A patented ingredient consisting of specific flavonoids that provide a unique dual effect on gut health. MicrobiomeX® has a direct effect through active metabolites, and an indirect anti-inflammatory effect, on the gut. Studies over the past few decades have found links between gut health and the immune system, mental health, autoimmune diseases, endocrine disorders, gastrointestinal disorders, cardiovascular disease, and more. MicrobiomeX® has been shown in studies to protect the gut barrier and leverage the gut microbiome's potential. This clinically proven ingredient leads to an improved SCFA (short-chain fatty acids) profile and lower gut inflammation.*
- Fulvic Mineral Concentrate: One of the best electrolytes known to man, Fulvic Acid has been found to be an essential component in the metabolic process of living cells. Our Fulvic Mineral Concentrate contains a remarkable array of 70⁺ trace minerals, 70⁺ electrolytes, antioxidants, amino acids, enzymes, and flavonoids.*