

# Cold & Congestion

health blend 10ml

**HBN**naturals  
PRODUCT INFORMATION PAGE



## ingredients

Eucalyptus radiata (Eucalyptus Radiata), Cinnamomum camphora ct. 1,8 cineole (Ravintsara), Melaleuca quinquenervia bs. viridiflora (Niaouli), Cannabis sativa (Hemp Seed) Oil

## responsible cautions

- Never apply directly to an animal's muzzle area, inside nostrils, inside ears or mouth, or directly to genital areas.
- Do not get Essential Oils near or in the eyes. If Essential Oils accidentally get into the eyes, apply a carrier oil such as Grape Seed to a cloth and wipe over the area.
- Consult with a veterinarian before use if your pet has a serious medical condition or is on prescription medications.
- Avoid during first few weeks of an animal's pregnancy and do not use on puppies until after 10 weeks of age.
- Remember, less is best when it comes to Essential Oils. Do not be tempted to think that if it's good, more is better.

\*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

## not to be used with

**Cats:** due to their highly sensitive metabolic systems.

**Fish and Reptiles:** due to their pH levels and aquatic environment.

**Birds:** due to their respiratory and metabolic systems.

**Rodents & small mammals (gerbils, hamsters, rabbits, rats, etc.):** there is not enough research on the use of Essential Oils with these animals to determine a safe use.

## product summary

This blend has gentle but effective essential oils that are known for their positive effect on the respiratory system. Many respiratory illnesses do not respond as well to antibiotics as they may have previously, and your animal may end up with chronic respiratory conditions.

Essential oils offer a good complementary treatment to support what you may already be doing.

## suggested use

- When your animal first begins to show signs of a cough, cold, or respiratory illness, you can diffuse this blend into the environment to assist breathing. Diffuse 10-15 minutes at 4-6 hour intervals as needed, not to exceed 3-5 days. If longer term usage is necessary, switch to misting.
- Massage into the front of the neck and chest area of the animal using the massage dosage chart appropriate to species and size.
- Add 5-6 drops of undiluted blend to 2 ounces of distilled water in a cobalt blue glass or PET plastic spray bottle. Mist around the animal or spray into the environment; good for disinfecting the room when an animal is sick. Shake well before use. Do not spray into eyes or mouth.

## massage dosage guidelines (dogs)

**Babies & Elderly:** 1 drop in 10ml carrier (3 drops per 1oz)  
**Miniature (Up to 10 lbs):** 2 drops in 10ml carrier (6 drops per 1oz)  
**Small (11-25 lbs):** 4 drops in 10ml carrier (12 drops per 1oz)  
**Medium (26-40 lbs):** 6 drops in 10ml carrier (18 drops per 1oz)  
**Large (41-70 lbs):** 8 drops in 10ml carrier (24 drops per 1oz)  
**Extra-Large (70+ lbs):** 10 drops in 10ml carrier (30 drops per 1oz)

**Horses and Large Animals:** Follow instructions for medium to extra-large dogs, beginning with less and working up to the larger sizes as you gauge the animal's response and tolerance.

**Smaller Animals (Miniature horses, cows, goats, sheep, etc.):** Follow instructions for small to large dogs, beginning with less and working up to the larger sizes as you gauge the animal's response and tolerance.