

# COPAIBA

copaifera officinalis

10ml

**HB**Naturals  
PRODUCT INFORMATION PAGE



## application

Aromatic • Internal • Topical

## properties

### Wildcrafted

**Producing Organ:** Resin

**Extraction:** Steam Distillation

**Country of Origin:** Brazil

**Safety Group:** #3

**Main Chemical Constituent:** Beta-caryophyllene

**Therapeutic Properties:** Bactericidal, balsamic, disinfectant, diuretic, expectorant, stimulant [Julia Lawless, *The Illustrated Encyclopedia of Essential Oils* (Rockport, MA: Element Books, 1995), 126.]

## uses

- Support the cardiovascular, respiratory, nervous, immune, and digestive systems by adding 1-2 drops to water, juice, or tea, or encapsulating with a few drops of carrier oil.\*
- Reduce the appearance of blemishes and promote clean, clear skin by adding to carrier oil or facial moisturizer.\*
- Diffuse 3 drops up to 15 minutes per hour to create a warm, inviting atmosphere and to ease respiratory issues.\*
- Dilute one to two drops with a carrier oil, then apply to desired area for a relaxing massage, especially after workouts or strenuous physical activity.\*
- Combine 1 drop of Copaiba, 1 drop of Peppermint, and 3 drops of Frankincense with ½ cup of Pink Himalayan or Dead Sea bath salts and add to warm water for a relaxing, rejuvenating bath.\*
- Apply 10-15 drops on the absorbent inner core of a nasal inhaler, cap the bottom, and inhale as needed.\*

## product summary

We all have cannabinoid receptors found in our brain, organs, tissues, glands, and immune cells. Two types of receptors, CB1 and CB2, are present in many tissues although each is linked to a different action within the body.\*

CB1 receptors interact with THC (the active constituent in marijuana) and cause psychotropic effects. CB2 receptors, the target of both Cannabidiol (CBD) oil and Copaiba essential oil, don't make you "high" when affected. Found mostly in the immune system, CB2 receptors assist with inflammation and certain kinds of pain when affected by cannabinoids. Unlike CBD oil, which can contain varying amounts, Copaiba essential oil contains 0% THC.\*

Copaiba oil contains high levels of beta-caryophyllene (BCP), a cannabinoid that interacts directly with the CB2 receptors in our body and may be neuroprotective and have cardiovascular and immune benefits. Beta-caryophyllene is also found, in lower levels, in other essential oils like Black Pepper and Melissa.\*

The high levels of beta-caryophyllene and its uniquely sweet aromatic profile help Copaiba create a relaxing atmosphere when diffused or applied topically. Copaiba oil is used widely in cosmetic products including soaps, lotions, perfumes, and creams. It can be used following exercise or strenuous activity as a comforting cooldown. Combined with a neutral moisturizer, it makes a great addition to your daily skincare regimen to promote a clear, smooth complexion.\*

When taken internally Copaiba is a powerful antioxidant supporting the health of our cardiovascular, respiratory, digestive, nervous, and immune systems.\*

Indigenous tribes in South America have used Copaiba in traditional medicine for centuries as a topical wound healer, to stop bleeding, and for skin sores and psoriasis. It has been used as a strong antiseptic and expectorant for the respiratory system, and as an anti-inflammatory and antiseptic for the urinary tract. It was an official drug in the *U.S. Pharmacopeia* from 1820 to 1910.\*

## responsible cautions

- Non-toxic, non-irritant, and non-sensitizing.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

\*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.