

EASE

digestive blend

15ml

HBNaturals
PRODUCT INFORMATION PAGE



application

Internal • Topical

safety group

#4

ingredients

Cinnamomum zeylanicum (Cinnamon Bark), *Zingiber officinale* (Ginger Root), *Mentha piperita* (Peppermint), *Rosemarinus officinalis ct. cineole* (Rosemary ct. 1,8 cineole), *Melaleuca alternifolia* (Tea Tree), *Cupressus sempervirens* (Cypress), *Cymbopogon martinii* (Palmarosa)

uses

- Apply 2 drops on the back of the hand and lick it off.*
- Put 2 drops in a veggie capsule filled with a carrier oil; take as needed.*
- Stir 2 drops into water and drink.*
- Apply 2 drops neat (undiluted) to the digestive organs reflex points of the feet, hands, and back.*
- Dilute and massage clockwise over the colon area of the abdomen.*
- For compression, mix 6 drops with 2 quarts of hot or cold water, soak a towel in the water, and apply to the desired location. Cover with a dry towel and heating pad or ice pack.*

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

product summary

Ease is a proprietary blend of essential oils that support the body in naturally providing relief from indigestion, nausea, stomach cramps, and food poisoning while helping to strengthen the digestive system as a whole. Ease helps the body to absorb more life-sustaining nutrients by slowing rapid digestion and aiding in the digestion of rich foods. The essential oils in Ease are well known for their ability to calm or prevent stomach upset and ease excessive belching, bloating, gas, and hiccups.*

primary benefits

- Assists with the digestion of foods.*
- Assists with occasional stomach upset.*
- Assists with bloating, gas, and occasional indigestion.*

belly detox

Irregular bowel movements are one indication that your colon may not be working optimally. Irregular bowel movements and/or chronic constipation may lead to a condition known as leaky gut. Irritation and inflammation in the lining of the intestines caused by stool build-up leads to undigested food particles and toxins entering the bloodstream. This can lead to a variety of other conditions throughout the body.

The Real Detox Tea supports your body's natural detoxification process as it helps regulate bowel movements and improve colon function. This allows the body to more readily absorb nutrients from food and supplements, which may decrease over-eating and greatly reduce unhealthy cravings.

Step 1: Drink The Real Detox tea twice per day.

Step 2: Drink Purge Tonic twice per day.

Step 3: Drink 2 drops of Ease twice per day.

Step 4: Massage 2 drops of Ease over the colon area of the abdomen.



*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.