

# Oatmeal Spice Hair & Body Bar

organic. clean. safe. vegan.

**HBN**naturals  
PRODUCT INFORMATION PAGE



## ingredients

Saponified Organic Sunflower Oil (*Helianthus annuus*), Saponified Organic Coconut Oil (*Cocos nucifera*), Water, Saponified Organic Palm Oil (*Elaeis guineensis*), Saponified Organic Safflower Seed Oil (*Carthamus tinctorius*), Clove Bud Essential Oil (*Eugenia caryophyllata*), Organic Clove (*Syzygium aromaticum*), Organic Oat Kernel (*Avena sativa*), Cassia Essential Oil (*Cinnamomum cassia*), Rosemary Leaf Extract (*Rosmarinus Officinalis*)

## suggested use

- Wet bar and rub directly onto hair and body, or rub on hands or a washcloth and apply lather to hair & body. Gently cleanse your body from head to toe. Rinse well; rinse hair with apple cider vinegar if desired.\*
- **Hair Technique #1:** Begin with thoroughly wet hair. Gently rub the wet shampoo bar directly onto your hair from scalp to ends in a combing motion. Gently massage scalp and hair, adding more water as needed, until a good lather forms. To prevent tangles, be sure to always work from the top down, don't pile your hair on your head, and use your fingers like a comb not a mixer. Rinse, rinse, rinse! Repeat if necessary. Rinse with apple cider vinegar if desired.\*
- **Hair Technique #2:** Begin with thoroughly wet hair. Rub the wet shampoo bar between your wet hands to create a nice lather. Use your fingers like a comb and smooth the lather along the hair. Gently massage it into the scalp and hair, as you would with a bottled shampoo. Work up a good lather. Rinse, rinse, rinse! Repeat if necessary. Rinse with apple cider vinegar if desired.\*

## product summary

Our luxurious, handcrafted organic Oatmeal Spice Hair & Body Bar will invigorate and beautify your hair and skin.\*

The organic ground cloves and oatmeal in this bar provide gentle cleansing along with skin-healing exfoliation that may help the appearance of fine lines and wrinkles. Perfect for all skin & hair types.\*

## ingredient highlights

- **Clove**, with its powerful anti-aging properties, may assist in reducing sagging of the skin and preventing the appearance of fine lines and wrinkles. It can remove dead skin cells and help blood circulation, which may result in more youthful, radiant-looking skin. Clove's blood circulation boosting ability may also reduce hair loss while promoting new hair growth. Additionally, it lends a much-needed shine to dry, dull hair.\*
- **Oats**, with their antioxidant and anti-inflammatory properties, help to treat dry skin and remove dead skin cells. Oats also contain compounds called saponins, which are natural cleansers. Oats remove dirt and oils that may clog the pores while gently exfoliating the skin. Oats contain a high concentration of essential nutrients, including Omega-6 fatty acids, that are vital to normal skin & hair growth.\*

## responsible cautions

- Keep out of reach of children and pets.

\*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.