

**ABN**naturals

## Ruth

Fatigue & Stress

100% Pure Therapeutic Essential Oil Blend  
0.34 fl. oz. (10ml)



**Ingredients:** Citrus aurantium bergamia (Bergamot), Picea mariana (Black Spruce), Pelargonium graveolens (Rose Geranium), Jasminum grandiflorum (Jasmine), Angelica archangelica (Angelica), Lavandula angustifolia (Lavender Vera), Citrus aurantifolia (Lime), Citrus reticulata var. deliciosa (Green Mandarin), Cammiphora myrrha (Myrrh), Pinus pinaster (Ocean Pine), Cymbopogon martinii (Palmarosa), Rosa damascena (Rose), Aniba roseodora (Rosewood), Abies sibirica (Siberian Fir), Cananga odorata (Ylang Ylang Complete), Cocos nucifera (Fractionated Coconut Oil)

**Directions:** Topical: Apply 1-3 drops to the soles of the feet or on pulse points. Aromatic: Mix 12-15 drops in a 4-ounce cobalt blue spray bottle of distilled water; mist body and/or environment as desired.

**Caution:** Keep out of reach of children. This product has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease. Store in a cool, dark place.

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