

# KBDETOX

detoxification blend

10ml

*HB*Naturals  
PRODUCT INFORMATION PAGE



## application

Bath • Internal • Topical

## safety group #4

## ingredients

Juniperus communis (Juniper Berry), Rosmarinus officinalis ct. cineole (Rosemary ct. 1,8 cineole), Foeniculum vulgare (Sweet Fennel), Cupressus sempervirens (Cypress), Citrus paradisi (Pink Grapefruit), Citrus limon (Lemon), Mentha piperita (Peppermint), Cedrus atlantica (Cedarwood Atlas), Pelargonium graveolens (Rose Geranium)

## responsible cautions

- Non-toxic, non-irritant, non-sensitizing.
- Diuretic essential oils increase the flow of urine and can be helpful where there is retention of fluid, and during detox programs when the kidneys and bladder must rid the body of the increased volume of toxic waste. Diuretic essential oils should be used with care and are not for continuous use or to be used for long periods of time.
- Do not exceed recommended dosages or durations.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

## product summary

KBDetox is a blend of Essential Oils that are known to help the kidneys and bladder expel toxins.\*

## ingredient highlights

- **Juniper Berry** is helpful to relieve infection within the kidneys, bladder, and prostate. The antiseptic properties help remove waste materials and acidic toxins from the body while stimulating the removal of bacterial and fungal infections.\*
- **Rosemary ct. 1,8 cineole** is warming to the kidneys and bladder and helps to restore and increase the Chi (life-force) to these often depleted and overworked organs. The kidneys and bladder are associated with the Chinese element of water and the season of Winter.\*
- **Sweet Fennel** provides diuretic action by aiding digestion and elimination through the kidneys and digestive tract.\*
- **Cypress** offers diuretic action, tones the blood and lymph vessels, and decongests the lymph glands.\*
- **Pink Grapefruit's** diuretic action speeds up the circulation of lymph and the elimination of toxins; detoxing through the liver, urinary tract, gallbladder, and lymph system.\*
- **Lemon** detoxes through the blood and lymph system.\*
- **Peppermint** possesses strong antibacterial and antifungal properties, helping to remove toxins from the kidneys and bladder. It has a relaxing and antispasmodic effect on the muscles of the digestive and urinary systems and is helpful for relieving spasms in the urinary tract.\*
- **Cedarwood Atlas** has an affinity for the kidneys and acts as a tonic on these organs.\*
- **Rose Geranium** is one of the best Essential Oils known to bring balance to the fluids in the body.\*

## USES

- Add 8-10 drops to ½ cup Pink Himalayan or Dead Sea Salt, mix into warm bath water, and soak 10-20 minutes.\*
- Add 1 to 2 drops to a "00" gel capsule and fill with Sesame Oil or Fractionated Coconut Oil. This may be helpful as a tonic for those who suffer from incontinence. Take 1 capsule with meals 1 to 3 times per day dependent upon need.\*
- Apply 1 to 2 drops neat on the kidney and bladder reflex points on the feet, and/or the K1 acupuncture point in the center of each foot known as the "wellspring of life". Apply 1 to 3 times per day dependent upon need.\*
- Add 60 drops of KBDetox to 1 ounce of ½ Grape Seed Oil and ½ Fractionated Coconut Oil. Gently massage over the kidney and/or bladder area.\*