



ingredients

Organic Carrot Juice, Organic Banana, Organic Nettle, Organic Sea Buckthorn Juice, Organic Oat Grass, SproutGarden® (Organic Broccoli Sprout, Organic Amaranth Sprout, Organic Quinoa Sprout, Organic Millet Sprout, Organic Buckwheat Sprout, Organic Garbanzo Bean Sprout, Organic Lentil Sprout, Organic Adzuki Sprout, Organic Flax Sprout, Organic Sunflower Sprout, Organic Pumpkin Sprout, Organic Chia Sprout, Organic Sesame Sprout), VitaVeggie® (Organic Broccoli, Organic Broccoli Sprouts, Organic Tomato, Organic Carrot, Organic Spinach, Organic Kale), Organic Camu Camu, Triphala

Other Ingredients: Organic Luo han guo (Monk Fruit) and Organic Cacao

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suggested use

- Add 1 teaspoon NOURISH to milk, juice, smoothies, etc. Can also be sprinkled on your favorite yogurt, cereal, or salad. May be sweetened to taste with preferred sweetener. Shake or mix well.

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

product summary

Worry about one less thing - with NOURISH Superfoods & Sprouts you've got nutrition covered!

NOURISH is the ultimate wholefood multivitamin formulated with a full-color spectrum of organic veggies, fruits, herbs, and nutrient-dense sprouts. Perfect for kids of all ages! Each scoop of NOURISH has an ORAC value equal to the antioxidant power of over 7 servings of fruits and vegetables, making it quite possibly the best multivitamin on the planet!

The ingredients are gently blended, never heated, and are always free of artificial colors, artificial flavors, fillers, sweeteners, additives, and synthetic, isolated, or fractionated vitamins & minerals. NOURISH contains an impressive array of dense nutrients, all from whole foods, created in nature as they should be.

A single scoop of NOURISH delivers amazing green nutrition and helps achieve the daily recommended allowance of fruits, vegetables, and super-critical nutrients like Omega-7 that are missing in today's modern diet.

Best of all, just one scoop of NOURISH has the antioxidant equivalent of 7 servings of fruits and vegetables PLUS it's naturally rich in super-critical Omega-3, -6, -7 & -9. With its delicious chocolate flavor, don't be surprised when your kids start asking for NOURISH Superfoods & Sprouts!

NOURISH is the ultimate concentrated superfoods powerhouse created from a full-color spectrum of organic veggies, fruits, herbs, and super nutrient-dense sprouts.

highlights

- **IMMUNE SYSTEM SUPPORT:** High antioxidant (ORAC) value, rich in phenolics, phytochemicals, glucosinolates and sulphoraphanes.
- **MENTAL & PHYSICAL ENERGY:** High levels of B Vitamins and other essential nutrients from green whole foods that the body recognizes.
- **ALLERGY SUPPORT:** Contains natural antihistamines and anti-inflammatories (including quercetin), that open bronchial and nasal passages.
- **OMEGA-3, -6, -7 & -9:** Sea Buckthorn is rich in essential amino acids including the rare Omega-7, Vitamin C, and 190 other bioactive nutrients.
- **COMPLETE NUTRITION:** Sprouts are rich in chlorophyll, have anti-inflammatory and antibacterial properties, and 30x more nutrition than cooked food.
- **pH BALANCED:** Rich in alkaline-forming foods including organic grasses, veggies, and sprouts aimed at neutralizing damaging acids in the body.