

MARINE MINERALS FOR LIFE

Ocean Vitality is rich in essential minerals, including vital trace elements. The trace elements found in sea vegetables play a crucial role in supporting overall health by aiding in vital processes like metabolism, immune function, and cellular repair, all while being easily absorbed due to their natural forms.

Suggested Use: Add 1 scoop to 16 ounces of water. Can be added to other supplements, food, smoothies, juices, facial masks, and baths.

Supplement Facts		
Serving Size: 1 scoop (.56 grams) Servings per container: 100		
Amount per serving		
Calories	6.12	
	Amount Per Serving	% Daily Value*
Total Fat	.035g	.17%
Calories From Fat	0	
Saturated Fat	0g	0%
Trans Fat	0g	0%
Total Carbohydrate	.82g	.63%
Dietary Fiber	.6g	1.6%
Sugars	0g	
Protein	.56g	0%
Calcium	114mg	9%
Iron	3mg	17%
Potassium	85.07mg	2.5%
Iodine	1663.25mg	1084%
Sodium	46.48mg	2.02%
Vitamin D	0mcg	0%
Zinc	0.72mg	9%
Selenium	1.41mcg	2.6%
Molybdenum	.69mcg	1.5%
Copper	.016mg	1.7%
Manganese	.23mg	10%
Vitamin A	7.5mcg	.83%
Vitamin C	.91mg	1%
Folate (Vitamin B9)	60.05mcg	15%
Niacin (Vitamin B3)	.115mg	.72%
Riboflavin (Vitamin B2)	.025mg	1.9%
Thiamine (Vitamin B1)	.025mg	2.08%
Phosphorus	6.84mg	.98%
Magnesium	24.66mg	6.85%

100% Natural Whole Food Ingredients without additives or preservatives. Contains no added synthetic vitamins or synthetic minerals.

Ingredients: Organic Nori [Porphyra umbilicalis] Organic Kelp [Laminaria hyperborea], Organic Kelp [Ascophyllum nodosum], Organic Kelp [Laminaria digitata], Organic Dulse [Palmaria palmata], Organic Irish Sea Moss [Chondrus crispus]

Allergen Information: This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs, and may contain traces of all of the above.

Important Information: This is not a medicinal product. If in doubt, consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool, dry place. Keep away from children. Discontinue use if any adverse reactions occur.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Daily Value not established.

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Product of the USA formulated with select ingredients thoughtfully curated from around the world.

Manufactured Exclusively For Green Organics LLC
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Best If Used By: 12 months from date of purchase

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healthy begins now

