

SLIMMER healthy weight management

Suggested Use: Blend, shake, or stir 1 teaspoon (1 scoop) of SLIMMER into 8 fluid ounces of water, ideally 30 minutes before meals. SLIMMER can be taken up to 3 times per day.



Start with one serving of SLIMMER in the morning for the first three days. If you have a substantial amount of weight to lose, it might be beneficial to drink SLIMMER at breakfast and again at lunch. **The key to success with SLIMMER is consistency and persistency.**

Caution: Because this product may lower blood glucose, consult your healthcare provider before taking this product if you are taking blood glucose lowering medication.

Supplement Facts

Serving Size: 1 teaspoon (5 grams)

Servings per container: approximately 30

	Amount Per Serving	% Daily Value*	100% Natural Whole Food Ingredients without additives or preservatives. Contains no added synthetic vitamins or synthetic minerals.
Calories	5 cal		Ingredients: Organic Sea Buckthorn (Fruit) Juice Powder, Garcinia Cambogia (Fruit Rind) Extract (with 60% HCA), Green Coffee (Coffea robusta) Bean Extract (50% Chlorogenic Acid and less than 2% natural caffeine), Organic Yacon (Root) Powder, Organic Lo Han Guo (Monk Fruit) Powder, Organic Coconut Water Powder, Chromium (as Crominex® 3+ chromium stabilized with Capros® Amla Extract (Fruit) and PrimaVie® Shilajit)
Total Carbohydrate	2g	1%	
Chromium (as Crominex® 3+ stabilized with Capros® Amla Extract (Fruit) and PrimaVie® Shilajit)	600mcg	504%	Trademark Declarations: Essentra® Trim is a trademark of NutraGenesis and is protected under U.S. Patent 6,153,198 & 7,318,938.  Crominex® 3+, Capros® and PrimaVie® are registered trademarks of Natreon, Inc. 
Garcinia Cambogia (Fruit Rind) Extract (with 60% HCA)	100mg	†	
Green Coffee Bean P.E. (50% Chlorogenic Acid) (Coffea robusta)	556mg	†	
Essentra® Trim Ashwagandha (Withania somnifera) Root and Leaf Extract (10% Withanolides)	250mg	†	

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

†Daily Value not established.

Important information: This is not a medicinal product. If in doubt consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet & a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool dry place. Keep away from children. Discontinue use if any adverse reactions occur.

Allergen information: This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs and may contain traces of all of the above.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Product of the USA formulated with select ingredients thoughtfully curated from around the world.

Manufactured Exclusively For

Heart & Body Naturals, LLC • One Moock Road, Suite 201 • Wilder, KY 41071

