

# BELLY BLISS

## DETOX PACK

The Belly Bliss Detox Pack is expertly crafted to support digestion, cleanse the belly area, and promote overall gut health. This comprehensive pack includes an invigorating detox tea, a potent herbal extract, and a specially formulated blend of essential oils, all designed to enhance your body's natural detoxification processes. By improving digestion and aiding in the removal of accumulated waste, Belly Bliss helps you feel lighter, more energized, and refreshed.\*

A bloated or "big" belly isn't always caused by fat. In many cases, it's the result of accumulated waste clinging to the inner lining of your large intestines and colon. The colon's elasticity allows it to expand to accommodate this waste, often contributing unnecessary weight around your midsection. By cleansing the colon of this buildup, the intestines can shrink to a more proportionate size, reducing bloating and helping to flatten your stomach.\*

Signs of an overburdened colon, like irregular bowel movements or chronic constipation, may indicate that your gut isn't functioning optimally. Over time, stool buildup can cause irritation and inflammation in the intestinal lining, leading to a condition known as leaky gut. This allows undigested food particles and toxins to enter the bloodstream, potentially triggering a variety of health issues throughout the body.\*

**VitaliTEA:** This soothing blend of organic herbs is formulated to promote digestion and support whole body detoxification. VitaliTEA contains antioxidants that help in flushing out toxins, and it acts as a calming agent to soothe the gut.\*

**Purge Tonic:** Designed to gently eliminate unwanted parasites utilizing potent herbal ingredients known for their cleansing and immune-boosting properties. Purge Tonic strengthens your body's natural defenses while contributing to a clean, healthy digestive environment.\*

**Ease:** This calming essential oil blend is formulated to support the body in naturally providing relief from indigestion, nausea, stomach cramps, and food poisoning while helping to strengthen the digestive system as a whole.\*

Supporting your gut health with the Belly Bliss Detox Pack can help restore balance, protect your digestive system, and improve overall well-being!



VitaliTEA features herbs renowned for their stress-relieving properties, and its active medicinal components to block the release of cortisol, leaving you feeling tranquil & relaxed.\*

➔ Add 1 teaspoon to 4 cups of hot water, cover, and steep for 2 to 8 hours. Drink 4 cups a day.



Purge Tonic is a blend of herbs formulated to support the body in gentle cleansing. Along with detoxing parasitic organisms, Purge may improve digestion, increase energy and mental clarity, and support a healthy immune system.\*

➔ Add approximately 20 drops to water or juice twice per day.



Ease is a proprietary blend of essential oils that support the body in naturally providing relief from indigestion, nausea, stomach cramps, and food poisoning while helping to strengthen the digestive system as a whole.\*

➔ Drink 2 drops of Ease twice per day.



Ease helps the body to absorb more life-sustaining nutrients by slowing rapid digestion and aiding in the digestion of rich foods.\*

➔ Massage 2 drops of Ease over the colon area of the abdomen.

# INGREDIENTS & CAUTIONS

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

## Ingredients

**VitaliTEA:** Organic Green Tea, Organic Matcha Green Tea, Organic Oolong Tea, Organic Red Clover Herb, Organic Passionflower, Organic Cacao Nibs, Organic Cinnamon Bark, Organic Yerba Mate, Organic Licorice Root, Organic Burdock Root, Organic Chamomile Flowers, Organic Eleuthero Root, Organic Lemon Peel, Organic Alfalfa, Organic Ginger Root, Organic Clove

**Purge Tonic:** Organic Dandelion (*Taraxacum officinale*) Root, Organic Burdock (*Arctium lappa*) Root, Organic Rhubarb (*Rheum palmatum*) Root, Pau D'Arco (*Tabebuia avellanedae*) Bark, Organic Cat's Claw (*Uncaria tomentosa*) Bark, Organic Sheep Sorrel (*Rumex acetosella*) Herb, Organic Goldenseal (*Hydrastis canadensis*) Root, Water, Organic Sugar Cane Alcohol (30%)

**Ease:** *Cinnamomum zeylanicum* (Cinnamon Bark), *Zingiber officinale* (Ginger Root), *Mentha piperita* (Peppermint), *Rosemarinus officinalis ct. cineole* (Rosemary ct. 1,8 cineole), *Melaleuca alternifolia* (Tea Tree), *Cupressus sempervirens* (Cypress), *Cymbopogon martinii* (Palmarosa)

## VitaliTEA Cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult a healthcare provider prior to use.

## Purge Tonic Cautions

- Keep out of reach of children and pets.
- This product should not be used by pregnant or lactating women, young children, and the immunocompromised.
- Read and follow directions carefully. This product contains Rhubarb Root (*Rheum palmatum*) and should not be used if you have or develop diarrhea, loose stools, or abdominal pain as Rhubarb Root may worsen such conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition. Keep out of reach of children.
- A doctor's advice should be sought before using this and any supplemental dietary product.

## Ease Cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

# VITALITEA

## Energy & Detox

VitaliTEA is one of the most powerful detox teas available for micronutrient delivery and elimination of undigested waste in your colon and your digestive system. It's filled with compounds from plants that gently cleanse your digestive system and support your health with naturally occurring phytonutrients, high antioxidants, and known healing herbs.\*

All the water soluble components in the herbs float in the mild but fragrant brew. They are immediately absorbed by the cells as VITALITEA enters your system. Antioxidants, polysaccharides, oligosaccharides, flavonoids, terpenes, phytosterols, alkaloids... the list becomes thousands of compounds in each of these families of phytochemicals.\*

## Benefits

- Cleanses digestive system\*
- Removes toxins\*
- Increases energy\*
- Boosts metabolism\*
- Supports healthy weight\*
- Supports immune system\*

## Ingredients

*Organic Green Tea, Organic Matcha Green Tea, Organic Oolong Tea, Organic Red Clover Herb, Organic Passionflower, Organic Cacao Nibs, Organic Cinnamon Bark, Organic Yerba Mate, Organic Licorice Root, Organic Burdock Root, Organic Chamomile Flowers, Organic Eleuthero Root, Organic Lemon Peel, Organic Alfalfa, Organic Ginger Root, Organic Clove*



## Suggested Use

Bring 4 cups of water to a boil and remove from heat. Add 1 teaspoon of VitaliTEA to the heated water, cover, and steep at least 2 hours or overnight.\*

Add sweetener or lemon to taste. Refrigerate. The tea can be consumed hot or cold. Drink all 4 cups of VitaliTEA before 4:00 pm.\*

Although steeping for just a couple of hours will also work, steeping VitaliTEA for up to twelve hours creates a phytonutrient-rich cocktail for your cells. The longer the herbs steep, the more vitamins and minerals that will be extracted.\*

## Responsible Cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult a healthcare provider prior to use.

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# Purge Tonic

gut health • detox • immunity

**HB**Naturals  
PRODUCT INFORMATION PAGE



## ingredients

*Organic Dandelion (Taraxacum officinale) Root, Organic Burdock (Arctium lappa) Root, Organic Rhubarb (Rheum palmatum) Root, Pau D'Arco (Tabebuia avellanedae) Bark, Organic Cat's Claw (Uncaria tomentosa) Bark, Organic Sheep Sorrel (Rumex acetosella) Herb, Organic Goldenseal (Hydrastis canadensis) Root, Water, Organic Sugar Cane Alcohol (30%)*

## responsible cautions

- This product should not be used by pregnant or lactating women, young children, and the immunocompromised.
- **Read and follow directions carefully.** This product contains Rhubarb Root (*Rheum palmatum*) and should not be used if you have or develop diarrhea, loose stools, or abdominal pain as Rhubarb Root may worsen such conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition. Keep out of reach of children.
- A doctor's advice should be sought before using this and any supplemental dietary product.

## product summary

Approximately 3.5 billion people worldwide suffer from parasitic infections, making them the most prevalent type of infection. And sadly, most people who are infected by parasites don't even know it because many of the parasites you are likely to be infected with are microscopic.\*

If you suffer from gas, bloating, constipation, diarrhea, or other digestive issues, your body could be inundated with parasites and other toxins. Intestinal parasites can enter the body in a variety of ways including eating raw or undercooked meat, contact with pets or other animals who are infected, drinking contaminated water, and swimming in lakes, rivers, or streams. Left untreated, parasitic infections can expand and lead to other health issues like chronic fatigue, brain fog, and weakened immunity.\*

Purge Tonic is a blend of herbs formulated to support the body in gentle cleansing. Convenient to use, Purge Tonic is water soluble for rapid and efficient absorption. Along with detoxing parasitic organisms, Purge Tonic may improve digestion, increase energy and mental clarity, and support a healthy immune system.\*

## directions

- Add 325mg (1/8 tsp - approximately 20 drops) to water or juice several times each day, as needed.\*

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# EASE

digestive blend

1.5ml

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PRODUCT INFORMATION PAGE



## application

Internal • Topical

## safety group

#4

## ingredients

*Cinnamomum zeylanicum* (Cinnamon Bark), *Zingiber officinale* (Ginger Root), *Mentha piperita* (Peppermint), *Rosemarinus officinalis ct. cineole* (Rosemary ct. 1,8 cineole), *Melaleuca alternifolia* (Tea Tree), *Cupressus sempervirens* (Cypress), *Cymbopogon martinii* (Palmarosa)

## responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

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## product summary

Ease is a proprietary blend of essential oils that support the body in naturally providing relief from indigestion, nausea, stomach cramps, and food poisoning while helping to strengthen the digestive system as a whole.

Ease helps the body to absorb more life-sustaining nutrients by slowing rapid digestion and aiding in the digestion of rich foods. The essential oils in Ease are well known for their ability to calm or prevent stomach upset and ease excessive belching, bloating, gas, and hiccups.\*

## primary benefits

- Assists with the digestion of foods.\*
- Assists with occasional stomach upset.\*
- Assists with bloating, gas, and occasional indigestion.\*

## USES

- Apply 2 drops on the back of the hand and lick it off.\*
- Put 2 drops in a veggie capsule filled with a carrier oil; take as needed.\*
- Stir 2 drops into water and drink.\*
- Apply 2 drops neat (undiluted) to the digestive organs reflex points of the feet, hands, and back.\*
- Dilute and massage clockwise over the colon area of the abdomen.\*
- For compression, mix 6 drops with 2 quarts of hot or cold water, soak a towel in the water, and apply to the desired location. Cover with a dry towel and heating pad or ice pack.\*