

CLOVE BUD

syzygium aromaticum

10ml

HBNaturals
PRODUCT INFORMATION PAGE



application

Aromatic • Internal • Topical

properties

Organic

Producing Organ: Dried flower buds

Extraction: Steam Distilled

Country of Origin: Sri Lanka

Safety Group: #2

Main Chemical Constituents: eugenol, caryophyllene

Therapeutic Properties: Anthelmintic, antibiotic, anti-emetic, antihistamine, antirheumatic, antineuralgic, anti-oxidant, antiseptic, antiviral, aphrodisiac, carminative, counter-irritant, expectorant, larvicidal, spasmolytic, stimulant, stomachic, vermifuge [Julia Lawless, *The Illustrated Encyclopedia of Essential Oils* (Rockport, MA: Element Books, 1995), 223.]

uses

- Dilute 10-20 drops in 1 ounce of cream, lotion, or carrier oil and apply to the colon or digestive reflex points on the hands or feet.
- Place 1-2 drops on a cotton swab and apply to canker sores or a painful tooth.
- Dilute 1-2 drops with carrier oil and apply to wrists to assist with lowering blood pressure.
- Add 1-2 drops to a glass of water for a gargle to sweeten breath.
- Use 1-2 drops in a "00" veggie capsule with a carrier oil and ingest for digestive and respiratory issues or to aid in parasite elimination, for up to 10 days. If longer assistance is needed consult a qualified Aromatherapist.
- Diffuse 10-15 drops for up to 15 minutes per hour to clean the air in your home, help lower blood pressure, and support immune health.

product summary

Clove Bud is used extensively worldwide as a spice, and can readily be found commercially in products for health, agricultural, and cosmetic uses.*

In Chinese Medicine, Clove Bud has been used for centuries as a treatment for skin infections, digestive upsets, intestinal parasites, diarrhea, bad breath, bronchitis, and a myriad of other conditions and complaints.*

Clove Bud has an impressive range of action against pathogens and illnesses of all kinds. Many of the plagues that scourged Europe were started by fleas carried by rats that came ashore from ships bringing spices from the East. So while cloves have a share in the responsibility for plagues, with poetic justice, they were also used as a prophylactic against bubonic plague. Sponges impregnated with extract of cloves were often held beneath the noses of plague victims.*

Clove Bud is well known for its pain-relieving abilities, and can be used for toothache, mouth ulcers, and other oral health issues. Gargling with Clove Bud in water can assist in relieving bad breath.*

Clove Bud is also a remarkable uterine tonic; it helps tone the uterine muscles and thus prepares the mother for an easy birth physically, but also psychically since it can lessen anxiety about the delivery.*

responsible cautions

- Can cause skin and mucous membrane irritation.
- May cause dermatitis in some individuals (patch test).
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.