

Java Slim®

Fat-Burning Arabica Coffee

FBNaturals
PRODUCT INFORMATION PAGE

Java Slim is a thoughtfully formulated Arabica coffee designed to support appetite awareness, metabolic efficiency, and healthy blood sugar signaling as part of a daily weight-support routine. Coffee is one of the most widely consumed beverages in the world, and when formulated correctly, it can do more than provide energy - it can help guide appetite, metabolism, and stress response throughout the day.

At its core, Java Slim combines organic Arabica coffee with botanical extracts, soluble fibers, and patented functional ingredients that work together to support fat metabolism, satiety, and calm, steady energy. By supporting glucose balance and reducing stress-driven cravings, Java Slim helps create a more regulated internal environment where appetite feels clearer and food decisions feel easier and more natural.

This layered blend goes beyond stimulation. Green coffee bean extract and garcinia cambogia support metabolic activity and appetite control, while Irish sea moss and blue agave inulin provide minerals and prebiotic fibers that support satiety and digestive comfort. Sensoril® Ashwagandha supports a balanced stress response, and Crominex® 3+ Chromium helps maintain healthy blood sugar signaling - a key factor in appetite regulation and weight management. Used consistently, Java Slim supports smoother hunger cues, steadier energy, and a calmer relationship with food as part of a daily wellness rhythm.*



DIRECTIONS

- Mix one scoop with hot water. Enjoy once daily in the morning, or as advised by your healthcare professional. May be taken black or with preferred additions.*



KEY BENEFITS

- Supports appetite awareness and satiety*
- Promotes metabolic efficiency and fat utilization*
- Helps stabilize blood sugar signaling*
- Provides smooth, steady energy without harsh stimulation*
- Supports stress response and emotional steadiness*
- Encourages a calmer, more regulated relationship with food*

CAUTIONS

- Java Slim may support lower blood glucose levels.
- Consult a healthcare professional before use if you have a medical condition or are taking medications that affect blood sugar.
- If pregnant, nursing, or under medical supervision, consult your healthcare provider prior to use.
- Keep out of reach of children.

Nutrition Facts		
Serving Size: 1 scoop		Servings per container: 30
Amount per serving		
Calories	5	
		100% Natural Whole Food Ingredients without additives or preservatives. Contains no added synthetic vitamins or synthetic minerals.
Total Fat	0g	0%
Calories From Fat	0	
Saturated Fat	0g	
Trans Fat	0mg	**
Cholesterol	0g	0%
Sodium	7mg	.003%
Total Carbohydrate	.8g	0%
Dietary Fiber	.2g	0%
Sugars	.6g	
Added Sugars	0g	
Protein	0g	
Iron	1.3mg	7%
Potassium	25.78mg	1%
Caffeine	62.8mg	**
Ingredients: Organic Micro-ground Instant Arabica Coffee, Organic Freeze Dried Coconut (Cocos Nucifera) Water, Organic Irish (Chondrus crispus) Moss, Organic Blue Agave Inulin (Agave Tequilana) Plant, Sumac (Rhus) Leaf, Organic Luo Han Guo (Siraitia grosvenorii) Fruit, Chromium (as Crominex® 3+ chromium stabilized with Capros® amla extract (fruit) and PrimaVie® Shilajit), Sensoril® Trim Ashwagandha (Withania somnifera) Root and Leaf Extract (10% Withanolides), Garcinia Cambogia (Garcinia gummi-gutta) Fruit (with 50% HCA) Extract, Green Coffee (Coffea arabica L., Rubiaceae) Bean (50% chlorogenic acid and less than 2% natural caffeine) Extract Trademark Declarations: Sensoril®, Crominex® 3+, Capros® and PrimaVie® are registered trademarks of Natreon, Inc., used under license. Sensoril® Crominex® 3+		
Allergen Information: This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs, and may contain traces of all of the above.		
Important Information: This is not a medicinal product. If in doubt, consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool, dry place. Keep away from children. Discontinue use if any adverse reactions occur.		
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
**Daily Value not established.		
These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.		

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FUNCTIONAL CONSTITUENTS

ORGANIC ARABICA COFFEE

- **Natural caffeine & polyphenols:** Provide smooth, familiar energy and antioxidant support without harsh spikes.*
- Supports alertness, metabolic activity, and daily energy rhythm.*

Clinical studies for Arabica Coffee:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7501436/>
- <https://pubmed.ncbi.nlm.nih.gov/36014363/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10867520/>

GREEN COFFEE BEAN EXTRACT

- **Chlorogenic acids:** Support fat metabolism and glucose regulation.*
- Helps reduce glucose absorption and support metabolic efficiency.*

Clinical studies for Green Coffee Bean:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7983441/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10503105/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10503105/>

GARCINIA CAMBOGIA

- **Hydroxycitric Acid (HCA):** Supports appetite control and healthier craving patterns.*
- Helps reduce stress-driven overeating.*

Clinical studies for Garcinia Cambogia:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC3010674/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC11811849/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC9332841/>

IRISH SEA MOSS

- **Minerals & polysaccharides:** Support satiety, digestive comfort, and mineral replenishment.*
- Contributes to fullness and internal nourishment.*

Clinical studies for Irish Sea Moss:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8232781/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10817618/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC4413210/>

BLUE AGAVE INULIN

- **Prebiotic soluble fiber:** Supports gut health and appetite signaling.*
- Helps promote fullness and digestive balance.*

Clinical studies for Blue Agave Inulin:

- <https://pubmed.ncbi.nlm.nih.gov/26203099/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC4463010/>

SENSORIL[®]

- **Withanolides:** A patented ashwagandha root and leaf extract, Sensoril[®] is standardized for withanolides, the primary bioactive compounds responsible for ashwagandha's stress-modulating and cognitive benefits. Clinically studied for stress resilience, mental clarity, and sleep support, Sensoril[®] has been shown in research to significantly reduce everyday stress, including up to a 62% reduction in chronically stressed adults.*

Clinical studies for Sensoril:

- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3897003/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC11085552/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8762185/>

CROMINEX[®] 3+ CHROMIUM

(STABILIZED WITH CAPROS[®] AMLA EXTRACT & PRIMAVIE[®] SHILAJIT)

- **Chromium:** Supports healthy blood sugar signaling and insulin sensitivity.*
- Helps regulate appetite and reduce sugar cravings.*

Clinical studies for Crominex[®]:

- <https://pubmed.ncbi.nlm.nih.gov/30723735/>
- <https://pubmed.ncbi.nlm.nih.gov/33760862/>

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

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