

CASTOR FAT WRAP

+ SKINNY WATER

Support and assist your body in releasing stored toxins while also effectively reducing the appearance of unsightly cellulite.*

This transformative self-care routine combines Castor Seed Oil & FatDetox Essential Oil Blend in an easy, 30-minute body wrap, combined with Slimmer Skinny Water to target fat release, reduce the appearance of cellulite, and achieve moisturized, nourished, and more toned skin.*

Benefits

- Reduces appearance of cellulite*
- Removes toxins*
- Promotes weight loss*
- Reduces inflammation*
- Improves skin texture*
- Moisturizes & nourishes skin*



Castor Seed Oil contains powerful nutrients like Vitamin E, omegas, and polyphenols, and ricinoleic acid, a fatty acid that has been shown to help reduce inflammation.*

FatDetox is a proprietary blend combining essential oils known for their powerful abilities to address cellulite.*

→ Mix 1 to 2 tablespoons of Castor Seed Oil and 10 drops of FatDetox. Massage into stomach and lower abdomen for 2 to 5 minutes. Cover with clean cotton or flannel cloth and apply a heating pad on low heat. Leave on for at least 30 minutes.



Slimmer is a proprietary blend combining essential oils known for their powerful abilities to naturally boost metabolism.*

→ Add 1 to 4 drops to 8 ounces of liquid first thing in the morning, and then again 15 to 30 minutes before each meal, to assist with managing appetite & cravings.



Ingredients

Castor Seed Oil: 100% pure *Ricinus communis* (Castor Seed Oil), cold pressed and unrefined

FatDetox Essential Oil Blend: *Citrus paradisi* (Pink Grapefruit), *Citrus limon* (Lemon), *Cymbopogon citratus* (Lemongrass), *Zingiber officinale* (Ginger Root), *Cupressus sempervirens* (Cypress), *Juniperus communis* (Juniper Berry), *Cocos nucifera* (Fractionated Coconut Oil)

Slimmer Oil: *Citrus paradisi* (Pink Grapefruit), *Citrus limon* (Lemon), *Cymbopogon citratus* (Lemongrass), *Mentha piperita* (Peppermint), *Zingiber officinale* (Ginger Root)

Cautions

Castor Seed Oil:

- Consult with a physician before use if you have a serious medical condition or use prescription medications.
- Keep out of reach of children and pets.

FatDetox:

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.
- Possible skin sensitivity. If used topically, avoid sunlight or UV rays for up to 12 hours after application.

Slimmer:

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.
- Possible skin sensitivity. If used topically, avoid sunlight or UV rays for up to 12 hours after application.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

Castor Seed Oil

cold pressed & unrefined 4 ounce

HBNaturals
PRODUCT INFORMATION PAGE



ingredients

100% pure Ricinus communis (Castor Seed Oil), cold pressed and unrefined

responsible cautions

- Keep out of reach of children.
- Consult with a physician before use if you have a serious medical condition or use prescription medications.

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product summary

Well known for its health and beauty benefits, our cold pressed, unrefined, hexane-free Castor Seed Oil is an all-in-one cosmetic and self-care oil that can be used from head to toe. It is an excellent moisturizer, natural makeup remover, and nourishing serum for skin, hair, lashes, and brows.*

Castor Seed Oil has been a wellness cabinet and beauty regimen staple for centuries in many different cultures worldwide. It contains powerful nutrients like Vitamin E, omegas, and polyphenols, and ricinoleic acid, a fatty acid that has been shown to help reduce inflammation.*

Traditionally used as a stimulant laxative, our food-grade Castor Seed Oil may assist with pain relief, microbiome balance, nourishing and moisturizing skin, promoting hair growth, supporting the immune system, aiding constipation, and assisting relaxation for more restful sleep.*

Our organic, cold pressed, unrefined Castor Seed Oil is 100% pure, vegan, hexane-free, and food grade. It can be diluted with other carrier oils, or used in pure form, undiluted. May be applied to the feet, belly button, or used as a pack.*

suggested usage

- Apply to rough or dry areas of the skin as needed.*
- Apply a small amount to hair or eyebrows, leave overnight, and rinse thoroughly in the morning.*
- Use as a soothing massage oil or combine with other natural ingredients to create castor oil packs, face and hair masks, exfoliant scrubs, nail and cuticle treatments, and more.*
- **To Use As A Castor Seed Pack:** Saturate a 2 to 4 inch thickness of soft flannel cloth with Castor Seed Oil. Place cloth over desired area on body and cover with plastic wrap or wax paper. Apply heat with hot water bottle or heating pad on low. Leave in place at least one hour, or overnight if necessary.*

FATDETOX

detoxification blend

10ml

HBNaturals
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application

Topical

safety group #2

ingredients

Citrus paradisi (Pink Grapefruit), Citrus limon (Lemon), Cymbopogon citratus (Lemongrass), Zingiber officinale (Ginger Root), Cupressus sempervirens (Cypress), Juniperus communis (Juniper Berry), Cocos nucifera (Fractionated Coconut Oil)

primary benefits

- Boosts circulation and reduces fluid retention.*
- Moisturizes and nourishes skin.*
- Improves mood.*

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.
- Possible skin sensitivity. If used topically, avoid sunlight or UV rays for up to 12 hours after application.

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product summary

Cellulite is the term for fatty deposits beneath the skin that result in the appearance of lumpy, dimpled flesh generally found on the thighs, hips, buttocks, and belly.*

Cellulite is one of the harder types of fat to lose. You can lose inches and pounds, yet still suffer from this type of fat that creates unsightly dimpled skin. It is estimated that between 80 and 90 percent of women may experience cellulite at some point in their lives.*

Many believe that the cellulite contains toxins from our environment and beauty products such as petrochemicals, pesticides, and heavy metals.*

ingredient highlights

- Pink Grapefruit has been shown to increase metabolism, help suppress appetite, dissolve fat, prevent bloating and reduce water retention. Pink Grapefruit contains nootkatone, a natural organic compound that triggers a vital protein/enzyme in the liver and musculoskeletal system to boost physical performance and metabolism.*
- Lemon helps to remove toxin build-up from the body, increases energy levels, and supports healthy digestion. Research has shown that inhaling the scent of lemon can boost your mood and promote the breakdown of body fat.*
- Lemongrass is well known for its circulation-boosting properties as well as its ability to reduce fluid retention. It also offers astringent and antiseptic properties that help promote healthy, radiant skin.*
- Ginger Root has powerful detoxifying and invigorating qualities that may be helpful in reducing cellulite.*
- Cypress contains properties that act to strengthen and tone the circulatory and nervous systems while relieving circulatory and lymphatic congestion. It may assist to prevent the spread of varicose veins, hemorrhoids, and edema, especially in the lower limbs.*
- Juniper Berry helps improve blood circulation and decrease water retention, thereby assisting in the removal of toxins in the body. It also acts as a natural skin toner, and reduces the appearance of skin blemishes.*

uses

- Apply onto areas of concern and massage in twice per day to assist in reducing the appearance of cellulite.*

SLIMMER OIL

Metabolic Blend

Slimmer is a proprietary blend combining essential oils known for their powerful abilities to naturally boost metabolism.*

When ingested in water or other beverages, Slimmer can assist in managing cravings and reducing the desire to overeat.*

Diffused or applied topically, its uplifting aroma promotes a positive outlook.*

Combined with a sensible diet and regular physical activity, Slimmer can assist with healthy weight management.*

Benefits

- Boosts metabolism*
- Decreases appetite*
- Reduces cravings*
- Promotes positive outlook*
- Supports healthy weight*
- Supports digestion*

Responsible Cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult a healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.
- Possible skin sensitivity. If used topically, avoid sunlight or UV rays for up to 12 hours after application.

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Application

Aromatic • Internal • Topical

Safety Group #2

Suggested Uses

Add 1 to 4 drops to 8 ounces of liquid first thing in the morning, and then again 15 to 30 minutes before each meal, to assist with managing appetite & cravings.*

To make Slimmer Skinny Water, add 1 to 4 drops along with 1 scoop of SLIMMER Healthy Weight Management in 8 fluid ounces of water. Drink at least 1 gallon per day.*

Add several drops to fruit smoothies, or protein shakes for a delicious citrus flavor.*

Diffuse as desired for a clean, uplifting aroma.*

Apply topically, diluting with carrier oil to minimize skin sensitivity, as desired, for a fresh, energizing scent.*

Ingredients

Citrus paradisi (Pink Grapefruit), Citrus limon (Lemon), Cymbopogon citratus (Lemongrass), Mentha piperita (Peppermint), Zingiber officinale (Ginger Root)