

# GLP-1 SYSTEM

## WIN THE BATTLE - LOSE 12 POUNDS, FAST!

Ready to flip the switch on fat-burning and crush cravings for good? The GLP-1 System is your science-backed, stimulant-free way to fire up metabolism, boost energy, and take control of your weight - naturally.\*

The GLP-1 System is a daily wellness ritual that taps into your body's natural fat-burning and hunger-regulating abilities - no stimulants, crash diets, or guesswork required.\*

At the heart of this powerful, results-driven system is a clinically supported, science-backed hormone called GLP-1. Boosting your body's natural GLP-1 response is one of the most effective and sustainable ways to manage appetite, stabilize blood sugar, reduce cravings, and ignite long-term fat burning - while also supporting energy, mood, and metabolic health. That's exactly what the GLP-1 System is designed to do, naturally and effectively, every single day.\*



## What Is GLP-1, and Why Does It Matter?

GLP-1 (Glucagon-Like Peptide-1) is a hormone produced in the gut in response to eating. It helps regulate key processes tied to weight management and energy balance, including\*:

- **Appetite Regulation:** GLP-1 helps you feel full longer and reduces the urge to snack between meals.\*
- **Blood Sugar Control:** It slows the rate at which food leaves the stomach and enhances insulin sensitivity, helping maintain healthy glucose levels.\*
- **Fat Metabolism:** By promoting insulin release and reducing glucagon (a hormone that raises blood sugar), GLP-1 supports fat burning and energy use.\*
- **Craving reduction:** A well-regulated GLP-1 response helps you manage emotional or stress-related eating.\*

In short, GLP-1 is your body's built-in appetite manager, fat burner, and energy stabilizer. Supporting this hormone naturally can lead to noticeable improvements in hunger control, energy levels, and weight loss.\*

## What's Inside & How It Works

### GLUCOPROTECT

Supports balanced blood sugar, healthy insulin response, and metabolic function with a potent blend of patented, plant-based ingredients. It promotes steady energy, curbs cravings, and aids digestion and nutrient absorption. This formula helps maintain glucose balance naturally while boosting overall vitality and wellness.\*



### SLIMMER PRO

A clinically formulated blend featuring five patented ingredients, Slimmer Pro helps activate fat burning, curb cravings, balance metabolism, and reduce stress-related weight gain for effective, natural weight management.\*

### LEMON X MCT

Supports fat burning, boosts metabolism, and delivers clean, lasting energy while promoting liver health and metabolic efficiency.\*

# GLP-1 SYSTEM

## Why Boosting GLP-1 Matters

While GLP-1 is naturally produced by the body, stress, aging, poor diet, and inflammation can disrupt its production. When GLP-1 levels drop, cravings rise, energy crashes, and fat metabolism slows. That's where the GLP-1 System comes in. Designed to gently and naturally support GLP-1 function, this system uses a synergy of clinically studied, patented ingredients to help you:\*

- Reduce cravings and emotional eating\*
- Promote fat burning and metabolic flexibility\*
- Stabilize energy and mood throughout the day\*
- Support blood sugar and insulin balance\*

It's not about "tricking" your body - it's about restoring the natural systems that already know how to regulate your weight and wellness. You don't need to overhaul your entire lifestyle overnight. You just need to show up for yourself, consistently. The GLP-1 System gives you a foundation to build on - one that supports your goals with real science, not empty promises.\*

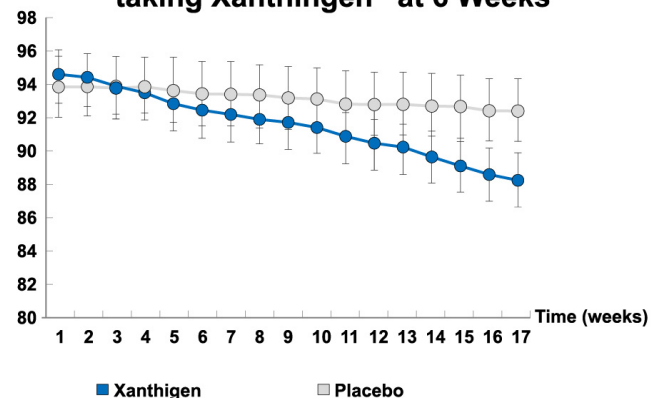
## Backed by Science. Powered by You.

The patented ingredients in the GLP-1 System aren't just natural—they're backed by real science and proven results. Each one has been carefully selected for its ability to target key pathways involved in weight loss, metabolism, blood sugar regulation, and hormonal balance. These ingredients have been studied in clinical settings, with impressive outcomes that go far beyond hype. Highlights include\*:

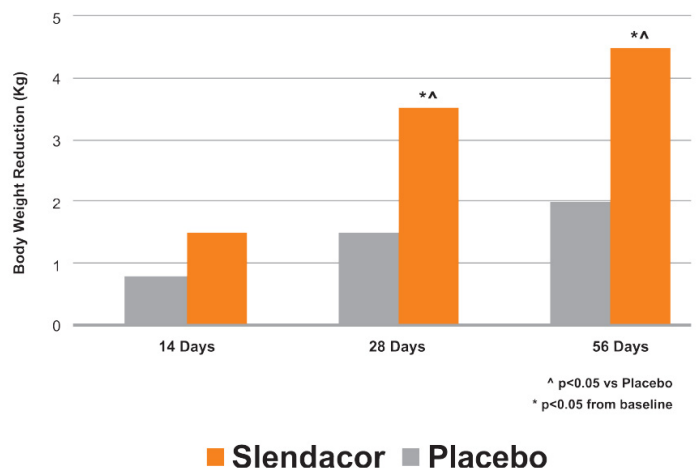
- **Xanthigen®**: Led to an average weight loss of 14.2 pounds in 16 weeks, with reduced waist circumference and improved liver health.\*
- **Slendacor®**: Shown to decrease body fat and reduce BMI in overweight adults.\*
- **LeptiCore®**: Improves appetite regulation and supports satiety hormones.\*
- **Cissus CQR-300®**: Enhances metabolic health and reduces inflammation.\*
- **Sensoril®**: Lowers cortisol, helping reduce stress-induced fat gain.\*

These ingredients work together to help reset your metabolism, calm cravings, and support sustainable fat loss. The results speak for themselves - and now, it's your turn to feel the difference.\*

### Significant Weight Loss in Subjects taking Xanthigen® at 6 Weeks



### Body Weight Reduction



# GLP-1 SYSTEM

We recommend using the GLP-1 System as part of your daily routine to naturally support weight loss, boost energy, and keep your metabolism firing at its best. When taken consistently each day, this powerful trio - Slimmer Pro, GlucoProtect, and Lemon X MCT - works synergistically to curb cravings, balance blood sugar, and activate your body's fat-burning potential. Incorporating it into your everyday wellness ritual helps create a strong foundation for lasting results, making it easier to stay on track, feel in control, and reach your weight loss goals with confidence!\*



Slimmer Pro is a targeted blend of clinically proven, plant-based ingredients designed to support fat loss, curb cravings, and naturally boost metabolism without stimulants or crashes.\*

➔ Mix 1 scoop into 8 ounces of water, ideally 30 minutes before your mid-day meal.\*

**Bonus Tip:** Pair with a walk after meals to support blood sugar and digestion!\*



GlucoProtect is a comprehensive formula featuring patented, plant-based ingredients that support healthy blood sugar levels, improve insulin sensitivity & promote balanced energy throughout the day.\*

➔ Mix 1 scoop with 8 ounces of warm water or your favorite beverage. Take 20 minutes before breakfast and dinner, especially if consuming carbohydrates.\*

**Bonus Tip:** Breathe, chew slowly, and enjoy a mindful mealtime experience!\*



Lemon X MCT is a refreshing, citrus-infused formula that combines fast-absorbing MCT oil with the patented ingredient Xanthigen® to naturally support fat burning, boost metabolism, and deliver clean, lasting energy.\*

➔ Shake well before use. Take ½ dropper (1 serving) before bed. Use straight under the tongue or mixed with 8 ounces of water, smoothies, or even coffee.\*

**Bonus Tip:** Taking before bed helps you lose weight while you sleep!\*

## Keep the Momentum Going

To amplify your results and truly transform from the inside out, pair the GLP-1 System with small, powerful daily habits that support your whole-body wellness. Remember, it's not about being perfect - it's about being consistent and intentional. Every choice adds up.\*

Here are a few simple ways to stay aligned with your goals:

- **Stay hydrated:** Aim for 8+ glasses of water daily to support digestion, detox, and energy.\*
- **Move your body:** A short walk, a stretch session, or dancing to your favorite song can work wonders.\*
- **Tune into your body:** Take a breath, slow down during meals, and notice how you feel.\*
- **Boost your fat-burning:** Supplement the GLP-1 System with Tulsi Trim and/or Berberine ACV for additional weight loss benefits.\*

This isn't just a weight loss plan - it's a full-body reset. With each day you stay committed, you're rewiring your metabolism, restoring balance, and stepping into your most energized, empowered self. You've got this - and we're cheering you on every step of the way.\*

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# Slimmer Pro

maximum glp-1 activator formula

**HBN**naturals  
PRODUCT INFORMATION PAGE

Slimmer Pro is a powerful, plant-based supplement designed to support healthy weight loss, curb cravings, and boost metabolism - naturally and without the crash. Featuring five clinically studied, patented ingredients - DygloFit®, LeptiCore®, Slendacor®, Sensoril®, and Cissus CQR-300® - this advanced formula works synergistically to promote fat burning, appetite control, and metabolic balance.\* It also supports digestion, blood sugar stability, and energy levels, making it a smart solution for those looking to manage weight, feel better in their body, and maintain long-term wellness.\*



## DIRECTIONS

- Mix 1 scoop of SLIMMER into 8 ounces of water, ideally 30 minutes before meals. SLIMMER can be taken up to 3 times per day.\*

Nutrition Facts		Serving Size: 1 scoop (2.25g)		Servings per container: 30	
Amount per serving		Amount per serving		% Daily Value*	
<b>Calories 20</b>		<b>Adipose Fat Burner Blend</b>		<b>1150mg</b>	
		Slendacor® (Blend of Moringa [Moringa oleifera] Leaf Extract; Curry [Murraya koenigii] Leaf Extract; Turmeric [Curcuma longa] Root Extract)		900mg	
		Green Coffee Bean Extract; Organic Siberian Ginseng [Eleutherococcus senticosus] Root Powder; Organic Panax Ginseng Root Extract [2% Ginsenosides]		250mg	
		<b>AMPK Metabolic Activator Blend</b>		<b>500mg</b>	
		Dyglol® (Dichrostachys glomerata) Fruit Extract Powder		400mg	
		Turmeric (Curcuma longa) Root Powder; Mango (Mangifera indica) Fruit Powder; Beet (Beta vulgaris) Root Powder; Sea Buckthorn (Hippophae rhamnoides) Fruit Powder; Garcinia Cambogia [Garcinia gummi-gutta] Fruit Powder		100mg	
		<b>GLP-1 Blood Sugar Support Blend</b>		<b>450mg</b>	
		Organic Lemon (Citrus limon) Powder; Organic Mulberry (Morus alba) Leaf Extract Powder; Organic Agave (Agave tequilana) Inulin		150mg	
		LeptiCore® (Gum Arabic [Acacia Arabica]; Guar Gum [Cyamopsis tetragonoloba]; Locust Bean Gum [Ceratonia Siliqua]; Pomegranate [Punica Granatum] Extract; Blue Green Algae [Aphanizomenon Flos-agueae] Extract; and Beta-Carotene)		150mg	
		Cissus CQR-300® (Cissus quadrangularis) extract (stems and leaf) [Standardized for min 2.5% Total Phylogenetic ketosterones (3.75mg)]		150mg	
		<b>Be Happy Hydration &amp; Energy Blend</b>		<b>150mg</b>	
		Sensoril® Ashwagandha [Withania somnifera] Root and Leaf Extract [10% Withanolides]		100mg	
		Coconut (Cocos nucifera) Water Powder; Irish Sea Moss [Chondrus crispus] Powder; Chamomile [Matricaria chamomilla] Flower Powder; Fulvic Acid Mineral Powder; Organic Maca [Lepidium meyenii] Root Powder; Organic Goji [Lycium barbarum] Juice Powder; Organic Cordyceps [Ophiocordyceps sinensis] Mushroom Powder; Organic Lion's Mane [Hericium erinaceus] Mushroom Powder; Organic Astragalus [Astragalus membranaceus] Root Extract (10:1); Organic Reishi [Ganoderma lucidum] Mushroom Powder; Organic Amla [Phyllanthus emblica] Fruit Powder		50mg	
*Daily Value not established. The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
<b>Caution:</b> This product may lower blood glucose. Consult your healthcare provider before use if taking blood sugar-lowering medication.					
<b>Allergen Information:</b> This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs, and may contain traces of all of the above.					
<b>Important Information:</b> This is not a medicinal product. If in doubt, consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool, dry place. Keep away from children. Discontinue use if any adverse reactions occur.					
<b>These statements have not been evaluated by the Food &amp; Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.</b>					

Slendacor® is a registered trademark of PLT Health Solutions, used under license.  
Cissus quadrangularis CQR-300® is a registered trademark of Gateway Health Alliances, Inc. US PATENT 8,318,213.  
LeptiCore® is a proprietary pre-mix and is a registered trademark of Gateway Health Alliances, Inc. US PATENT 10,279,001.  
Dyglol® is a registered trademark of Gateway Health Alliances, Inc.  
Sensoril® is a registered trademark of Kerry Company, used under license.

## CAUTIONS

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# Slimmer Pro

maximum glp-1 activator formula



## MEDICINAL CONSTITUENTS

### SLENDACOR®

- **Curcuminoids:** The active compounds in turmeric, they are known for their powerful anti-inflammatory and antioxidant properties. Research suggests they may help combat obesity by improving insulin sensitivity, reducing fat tissue growth, and supporting healthy metabolism. Curcuminoids also aid in reducing inflammation linked to weight gain and metabolic dysfunction, making them a valuable nutrient for weight management and overall wellness.\*
- **Phenolic Acids:** These powerful plant compounds are known for their antioxidant and anti-inflammatory properties, which play a key role in supporting weight management and metabolic health. They help protect cells from oxidative stress, regulate blood sugar levels, and reduce inflammation linked to obesity. By promoting healthier fat metabolism and supporting liver function, phenolic acids contribute to overall wellness and a more balanced metabolic state.\*

#### Clinical studies for Slendacor:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC7455912/>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC7886504/>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC4104627/>

### DYGLOFIT®

- **Flavonoids:** These plant-based compounds with strong antioxidant and anti-inflammatory effects, have been shown to support weight management and metabolic health. They help regulate fat metabolism, improve insulin sensitivity, and reduce inflammation often associated with obesity. By protecting cells from oxidative stress and supporting healthy blood sugar levels, flavonoids play a key role in maintaining a balanced metabolism and promoting long-term wellness.\*

#### Clinical studies for DygloFit:

- <https://pubmed.ncbi.nlm.nih.gov/39313865/>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC9143725/>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC7281205/>

### LEPTICORE®

- **Polysaccharides:** Complex carbohydrates found in plants that offer a range of health benefits, especially in supporting balanced blood sugar levels and healthy weight management. These natural compounds slow the absorption of glucose in the bloodstream, helping to prevent blood sugar spikes and crashes. Additionally, they promote satiety and support gut health, both of which play a key role in appetite control and metabolic balance.\*

#### Clinical studies for LeptiCore:

- <https://pubmed.ncbi.nlm.nih.gov/20170522/>
- <https://pubmed.ncbi.nlm.nih.gov/26742071/>
- <https://pubmed.ncbi.nlm.nih.gov/23684435/>

### CISSUS CQR-300®

- **Quercetin:** A powerful antioxidant and flavonoid known for its anti-inflammatory and blood sugar-regulating properties. It helps improve insulin sensitivity, reduce oxidative stress, and support glucose metabolism, making it beneficial for maintaining healthy blood sugar levels. Quercetin may also protect pancreatic cells, reduce sugar absorption in the gut, and support overall metabolic health, making it a valuable nutrient for blood sugar controls.\*

#### Clinical studies for Cissus CQR-300®:

- <https://pubmed.ncbi.nlm.nih.gov/17274828/>
- <https://pubmed.ncbi.nlm.nih.gov/16948861/>
- <https://pubmed.ncbi.nlm.nih.gov/29912570/>

### SENSORIL®

- **Withanolides:** These active compounds found in ashwagandha are known for their adaptogenic, anti-inflammatory, and antioxidant properties. They help reduce stress-related weight gain by lowering cortisol levels, supporting balanced energy, and improving metabolic function. Withanolides also aid in regulating blood sugar and reducing inflammation, making them valuable for managing weight and promoting overall metabolic and hormonal health.\*

#### Clinical studies for Sensoril:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC6266766/>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC6438434/>

### SIBERIAN GINSENG

- **Eleutherosides:** These active compounds are known for their adaptogenic properties that help the body manage stress and maintain energy balance. They support weight management by reducing stress-induced cravings, promoting fat metabolism, and enhancing physical stamina. Eleutherosides also help regulate blood sugar and support adrenal and liver function, making them beneficial for overall metabolic health and resilience.\*

#### Clinical studies for Ginseng:

- <https://pubmed.ncbi.nlm.nih.gov/14971626/>
- <https://pubmed.ncbi.nlm.nih.gov/15207399/>
- <https://pubmed.ncbi.nlm.nih.gov/18607235/>

### AGAVE INULIN

- **Fructan:** A type of prebiotic fiber known for powerful health benefits - especially when it comes to digestion, weight management, and blood sugar control. By feeding beneficial gut bacteria, fructans help improve gut health and support a healthy inflammatory response. They also slow carbohydrate absorption, promoting more stable blood sugar levels and reducing cravings.\*

#### Clinical studies for Inulin:

- <https://pubmed.ncbi.nlm.nih.gov/37101209/>
- <https://pubmed.ncbi.nlm.nih.gov/35381290/>
- <https://www.mdpi.com/2072-6643/16/17/2935>

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# Glucoprotect

24 plant vitamins & minerals

If you're only going to take one supplement, make it GlucoProtect — a powerful, science-backed formula that delivers 21 plant-based vitamins and minerals along with targeted GLP-1 Blood Sugar Support. Featuring a synergistic blend of patented ingredients including Cissus CQR-300®, LeptiCore®, MicrobiomeX®, and Earthlight®, this comprehensive supplement supports healthy glucose regulation, metabolic function, and overall cellular health. Designed to promote total-body wellness, GlucoProtect helps balance energy, support digestion, and enhance nutrient absorption as part of your daily health routine.\*



## DIRECTIONS

- Mix one scoop with up to 8 ounces of warm water or your favorite beverage, 20 minutes before a meal with carbohydrates, or as advised by your healthcare professional.\*

Nutrition Facts		Serving Size: 1 scoop (1.125 grams)		Servings per container: 60	
Amount per serving		Amount per serving		% Daily Value*	
<b>Calories 17</b>		<b>GLP-1 Blood Sugar Support Blend</b>		<b>600mg</b>	
		LeptiCore® (Gum Arabic [Acacia Arabica], Guar Gum [Cyamopsis Tetragonoloba], Locust Bean Gum [Ceratonia Siliqua], Pomegranate [Punica Granatum] Extract, Blue Green Algae [Aphanizomenon Flos-oguae] Extract, and Beta-Carotene)		150mg	
		Cissus CQR-300® (Cissus quadrangularis) extract (stems and leaf) [Standardized for min 2.5% Total Phytoegenic ketosterones (3.75mg)]		150mg	
		Organic Lemon [Citrus limon] Powder		125mg	
		Organic Mulberry [Morus alba] Leaf Extract Powder		125mg	
		2% Organic Ceylon Cinnamon Bark [Cinnamomum verum] Extract Powder		50mg	
		<b>Akkermansia Blend</b>		<b>300mg</b>	
		Organic Agave Inulin [Agave Teguilana Weber Azul] Powder, Organic Garlic [Allium sativum] Powder, Organic Onion [Allium cepa] Powder, Organic Leek [Allium ampeloprasum] Powder, Organic Asparagus [Asparagus officinalis] Powder, Organic Artichoke [Helianthus tuberosus] Powder		50mg	
		MicrobiomeX® Citrus Flavonoid Extract [Citrus sp.][Whole Fruit]		250mg	
		<b>Whole Food Vitamin and Mineral Blend</b>		<b>145mg</b>	
		Organic Broccoli [Brassica oleracea] Powder, Organic Spinach [Spinacia oleracea] Powder, Organic Kale [Brassica oleracea var. acephala] Powder, Organic Pumpkin [Cucurbita pepo] Powder, Organic Sweet Potato [Ipomoea batatas] Powder, Organic Sunflower Seed [Helianthus annuus] Powder, Organic Cranberry [Vaccinium macrocarpon] Powder, Organic Chlorella [Chlorella vulgaris], Organic Maitake Mushroom [Grifola frondosa] Powder, Organic Shiitake Mushroom [Lentinula edodes] Powder		125mg	
		Earthlight® Mushroom Powder Vitamin D2		20mg(800iu) 100%	
		<b>Antioxidant Blend</b>		<b>80mg</b>	
		Organic Parsley [Petroselinum crispum] Powder, Organic Carrot [Daucus carota] Powder, Organic Wheatgrass [Triticum aestivum] Powder, Organic Kale [Brassica oleracea var. acephala] Powder, Organic Beef [Beta vulgaris] Root Powder, Organic Cabbage [Brassica oleracea] Extract Powder, Organic Himalayan Pink Salt, Organic Black Pepper [Piper nigrum] Fruit Powder			
*Daily Value not established. The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
<b>Cautions:</b> This product may lower blood glucose. Consult your healthcare provider before use if taking blood sugar-lowering medication.					
<b>Allergen Information:</b> This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs, and may contain traces of all of the above.					
<b>Important Information:</b> This is not a medicinal product. If in doubt, consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool, dry place. Keep away from children. Discontinue use if any adverse reactions occur.					
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# Glucoprotect

24 plant vitamins & minerals



## MEDICINAL CONSTITUENTS

### CISSUS CQR-300®

- **Quercetin:** A powerful antioxidant and flavonoid known for its anti-inflammatory and blood sugar-regulating properties. It helps improve insulin sensitivity, reduce oxidative stress, and support glucose metabolism, making it beneficial for maintaining healthy blood sugar levels. Quercetin may also protect pancreatic cells, reduce sugar absorption in the gut, and support overall metabolic health, making it a valuable nutrient for blood sugar controls.\*

#### Clinical studies for Cissus CQR-300®:

- <https://pubmed.ncbi.nlm.nih.gov/17274828/>
- <https://pubmed.ncbi.nlm.nih.gov/16948861/>
- <https://pubmed.ncbi.nlm.nih.gov/29912570/>

### LEPTICORE®

- **Polysaccharides:** Complex carbohydrates found in plants that offer a range of health benefits, especially in supporting balanced blood sugar levels and healthy weight management. These natural compounds slow the absorption of glucose in the bloodstream, helping to prevent blood sugar spikes and crashes. Additionally, they promote satiety and support gut health, both of which play a key role in appetite control and metabolic balance.\*

#### Clinical studies for Lepticore:

- <https://pubmed.ncbi.nlm.nih.gov/20170522/>
- <https://pubmed.ncbi.nlm.nih.gov/26742071/>
- <https://pubmed.ncbi.nlm.nih.gov/23684435/>

### EARTHLIGHT®

- **Vitamin D:** A crucial fat-soluble nutrient that plays a key role in glucose metabolism, insulin sensitivity, and overall metabolic health. It helps regulate blood sugar levels, reduce inflammation, and support immune function, making it essential for maintaining balanced energy, cardiovascular health, and long-term wellness.\*

#### Clinical studies for Vitamin D:

- <https://pubmed.ncbi.nlm.nih.gov/37111216/>
- <https://pubmed.ncbi.nlm.nih.gov/27932304/>
- <https://pubmed.ncbi.nlm.nih.gov/33802330/>

### CINNAMON

- **Cinnamaldehyde:** Known for its glucose-regulating, anti-inflammatory, and antioxidant properties. Research suggests it helps enhance insulin sensitivity, lower blood sugar levels, and reduce oxidative stress, making it a powerful natural ingredient for metabolic support and overall wellness.\*

#### Clinical studies for Cinnamon:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC5745724/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6425402/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC5622575/>

### KALE

- **Carotenoids:** Powerful antioxidants that support glucose metabolism and overall metabolic health. These natural pigments help reduce oxidative stress, enhance insulin sensitivity, and protect cells from damage, making them essential for maintaining balanced blood sugar levels and long-term wellness.\*

#### Clinical studies for Kale:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8386848/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC11012840/>

### MULBERRY LEAF

- **Flavonoids:** Powerful antioxidants that support glucose regulation and metabolic health. Research suggests they help enhance insulin sensitivity, reduce blood sugar spikes, and combat oxidative stress, making them a valuable natural compound for maintaining balanced blood sugar levels and overall wellness.\*

#### Clinical studies for Mulberry Leaf:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10117911/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8593624/>

### CARROT

- **Beta-carotene:** A powerful antioxidant that supports glucose metabolism and insulin sensitivity. It helps reduce oxidative stress, protect pancreatic cells, and regulate blood sugar levels, making it a valuable nutrient for maintaining balanced glucose levels and overall metabolic health.\*

#### Clinical studies for Carrot:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10608851/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6770766/>

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# Lemon X MCT

xanthigen® infused mct oil

HBNatural  
PRODUCT INFORMATION PAGE

Lemon X MCT is a clinical-strength formula powered by Xanthigen® - a patented blend of brown seaweed and pomegranate seed oil clinically shown to support weight loss, enhance fat metabolism, and promote liver health. Combined with fast-absorbing MCT oil for clean, sustained energy, this advanced formula helps your body burn fat more efficiently while supporting healthy liver function and natural detoxification. Designed to promote metabolic balance and make weight management more sustainable, it also helps boost mental clarity, focus, and daily stamina. With a light citrus flavor and versatile use in smoothies, coffee, or meals, Lemon X MCT makes it easy to fuel your health goals every day.\*



## DIRECTIONS

- Shake well. Take ½ dropper up to 2x daily, straight or mixed with up to 8 ounces of water or your favorite beverage. Use as directed by a health professional.\*

**Bonus Tip:** Take before bed as a night-time fat burner and lose weight while you sleep!

Supplement Facts		
Serving Size: 800 mg (Approximately 1/2 dropper)    Servings Per Container: Approximately 30		
	Amount Per Serving	% Daily Value
<b>LEMON X MCT</b>	<b>800mg</b>	*
Xanthigen® (Wakame Seaweed Extract (Undaria pinnatifida) and Pomegranate Seed Oil) (providing 1,275 mcg Fucoxanthin)	600mg	*
Medium Chain Triglyceride (MCT) Oil; Lemon (Citrus limon) Peel Oil; Peppermint (Mentha piperita) Oil; Lemongrass (Cymbopogon flexuosus) Oil; Grapefruit (Citrus paradisi) Peel Oil; Ginger (Zingiber officinale) Root Oil	200mg	*
Does not contain Wheat, Gluten, Soy, Fish, Shellfish, Peanuts, Egg, Milk, Artificial Flavors, Artificial Colors, Artificial Sweeteners, or Preservatives.		
This information has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes.		

Xanthigen® is a registered trademark of PLT Health Solutions, used under license.

## CAUTIONS

- **Safety Group 4:** Not for use by children, pregnant or nursing women, or individuals with weakened immune systems.\*
- This product may lower blood glucose. Consult your healthcare provider before use if taking blood sugar-lowering medication.
- Keep out of reach of children.\*
- A doctor's advice should be sought before using this and any supplemental dietary product.\*

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# Lemon X MCT

xanthigen® infused mct oil



## MEDICINAL CONSTITUENTS

### XANTHIGEN®

- **Fucoxanthin:** Fucoxanthin is a powerful carotenoid found in brown seaweed, recognized for its ability to support fat burning, boost metabolism, and aid in healthy weight management. It also promotes liver health by supporting natural detoxification processes and reducing inflammation. With antioxidant properties, fucoxanthin helps protect cells from oxidative stress, making it a valuable nutrient for overall metabolic and cellular wellness.\*
- **Punicic Acid:** This rare omega-5 fatty acid found in pomegranate seed oil is known for its powerful anti-inflammatory and antioxidant properties. It supports healthy weight management by enhancing fat metabolism and reducing fat accumulation. Punicic acid also promotes liver health by helping to reduce oxidative stress and support natural detoxification, making it a valuable nutrient for metabolic and overall wellness.\*

#### Clinical studies for Xanthigen®:

- <https://pubmed.ncbi.nlm.nih.gov/19840063/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC4951448/>
- <https://link.springer.com/article/10.1007/s10068-014-0125-1>

### MCT OIL

- **Caprylic Acid:** A medium-chain fatty acid found in coconut oil, known for its ability to support fat metabolism, energy production, and gut health. It plays a role in healthy weight management by promoting the efficient breakdown and use of fats for fuel. Caprylic acid also supports liver function by easing the liver's detox load and helping maintain a balanced gut microbiome, which is closely linked to metabolic and liver health.\*
- **Capric Acid:** Another medium-chain fatty acid found in coconut oil that supports weight management by promoting fat metabolism and providing quick, sustained energy. It helps the body convert fat into fuel more efficiently, which can aid in reducing body fat over time. Capric acid also supports liver health by reducing the liver's workload in processing fats and assisting in natural detoxification, making it a valuable nutrient for metabolic balance and overall wellness.\*

#### Clinical studies for MCTs:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8919247/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC9941952/>
- <https://doi.org/10.1016/j.clnu.2024.06.016>

### LEMON

- **Limonene:** This natural compound found in citrus peel is known for its antioxidant, anti-inflammatory, and detoxifying properties. It supports weight management by promoting fat metabolism and curbing appetite, while also enhancing liver function and aiding in the body's natural detox processes. Limonene's ability to protect liver cells and support metabolic balance makes it a valuable nutrient for overall wellness.\*

#### Clinical studies for Lemon:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC2581754/>
- <https://pubmed.ncbi.nlm.nih.gov/32182635/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC11666827/>

### PEPPERMINT

- **Menthol:** This natural compound found in mint, supports weight management by enhancing thermogenesis, which helps the body burn fat more efficiently. It also promotes liver health by aiding in detoxification and reducing inflammation within the liver. Menthol's soothing properties support digestive health, further contributing to metabolic balance and overall wellness, making it a valuable addition to any wellness routine.\*

#### Clinical studies for Peppermint:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC11020615/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8584325/>

### LEMONGRASS

- **Citral:** This compound found in citrus fruits and lemongrass, supports weight management by boosting metabolism and promoting fat burning. It also aids liver health by enhancing detoxification processes and reducing oxidative stress. Known for its anti-inflammatory and antioxidant properties, citral helps support overall metabolic function and liver wellness, contributing to a balanced and healthy lifestyle.\*

#### Clinical studies for Lemongrass:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10892616/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC3217679/>

### GRAPEFRUIT

- **Flavonoids:** These naturally occurring compounds found in fruits, vegetables, and herbs, support weight management by enhancing fat metabolism and reducing inflammation linked to weight gain. They also promote liver health by protecting liver cells from oxidative stress and supporting natural detoxification processes. With powerful antioxidant and anti-inflammatory effects, flavonoids play a key role in maintaining metabolic balance and overall wellness.\*

#### Clinical studies for Grapefruit:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC4016745/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC11902153/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC9604264/>

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