

GRAPESEED OIL

VITIS VINIFERA

Country of Origin: Italy
Cold Pressed from Seeds

Grapeseed oil (*Vitis vinifera*) is a light, fast-absorbing oil naturally rich in linoleic acid (Omega-6), vitamin E (tocopherols), and polyphenol antioxidants. These compounds contribute to its ability to support skin barrier integrity, moisture balance, and overall skin appearance. Naturally occurring fatty acids help condition the skin without occlusion, while antioxidant compounds help protect against environmental stressors. Grapeseed oil has long been valued in both culinary and cosmetic traditions for its versatility and gentle nature.

FUNCTIONAL CONSTITUENTS

Linoleic Acid The primary fatty acid in Grapeseed Oil (*Vitis vinifera*) is linoleic acid (Omega-6), known for supporting skin barrier function and balanced moisture levels. Naturally occurring tocopherols and polyphenols contribute antioxidant activity, helping protect the skin from environmental stress

Clinical Studies: <https://pmc.ncbi.nlm.nih.gov/articles/PMC4988453/>
<https://pubmed.ncbi.nlm.nih.gov/22271548/>
<https://pubmed.ncbi.nlm.nih.gov/32992712/>
<https://pubmed.ncbi.nlm.nih.gov/25212146/>

WHAT TO LOOK FOR VS. WHAT TO AVOID

These signs point to properly pressed, fresh Grapeseed Oil:

- Cold-pressed oil*
- Light golden, clear appearance*
- Mild, clean scent*
- Bottled in dark glass*
- Lightweight texture*

These are often signs of over-processing or oxidation:

- Solvent-extracted oils*
- Highly refined or deodorized oil*
- Cloudy or darkened color*
- Strong, sharp, or rancid odor*
- Clear plastic packaging*



HOW WE SOURCE

Grapeseed oil quality begins with the seed. We source clean, food-grade grape seeds and mechanically cold press them without solvents, high heat, or deodorizing. Because grapeseed oil is sensitive to oxidation, we prioritize small-batch pressing and dark glass storage to protect freshness, clarity, and stability.

OUR GRAPESEED OIL IS:

- ✓ Cold-pressed from *Vitis vinifera* seeds
- ✓ Naturally high in linoleic acid (Omega-6)
- ✓ Lightweight with a dry, satin finish
- ✓ Non-comedogenic and breathable
- ✓ Bottled in amber glass for stability

We look for oil that feels silky and absorbs quickly without heaviness. Grapeseed oil should be light, fluid, and clean-smelling - not thick, cloudy, or sharp in odor - all indicators of proper handling and freshness.

WHAT IT SUPPORTS

- Skin barrier function and moisture balance*
- Soft, smooth skin texture*
- Antioxidant protection against environmental stress*
- Lightweight hydration without heaviness*
- Hair softness and manageability*

Why We Don't Heavily Refine Grapeseed Oil

Grapeseed oil is often refined at high heat to create a neutral cooking oil. While this increases shelf stability, it can strip away naturally occurring antioxidants and alter the fatty acid balance.

1. Refining Removes Natural Constituents

High heat and chemical processing can reduce vitamin E and polyphenol content.

2. Deodorizing Masks Quality

Odor-neutral oil may appear "clean," but heavy deodorization removes natural character and makes freshness harder to assess.

3. Solvent Extraction Compromises Integrity

Hexane and other solvents are sometimes used in commercial grapeseed oil production. We avoid this entirely.

4. Whole Oil Matters

We favor mechanically pressed oil that retains its natural profile – light, breathable, and intact.

USAGE SUGGESTIONS

ADULTS	• Apply 3–6 drops to clean skin once or twice daily.*
CHILDREN 3 & UP	• Apply a small amount directly to skin for dry areas, scalp, or massage.* • May be used as a gentle body oil after bathing.*

Our organic, 100% pure grapeseed oil is cold-pressed to retain its natural fatty acid composition and lightweight conditioning qualities. Known for its clean, breathable feel, it helps smooth and soften the skin without heaviness or residue. Its fast-absorbing nature makes it a versatile option for face, body, scalp, hair, and nail care, especially for those who prefer moisture that feels light and balanced.

Directions: For topical use. Apply a few drops to clean skin, hair, or nails. Massage gently until absorbed. May be used alone or blended with other carrier oils and essential oils. For external use only.

Ingredients: Organic *Vitis vinifera* (Grapeseed) from Italy, cold pressed from seeds.

Cautions: Consult physician if pregnant, nursing, taking medication, or have a medical condition. Keep out of reach of children.

Manufactured by Green Organics, LLC • Pure Plant Intelligence™
754 Cincinnati-Batavia Pike • Cincinnati, OH 45245
HBNaturals.com • goDesana.com
Made in the USA with thoughtfully curated global ingredients.
Best If Used By: 12 months from date of purchase.

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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GRAPESEED IN THE STILLROOM

Grapeseed oil has long been kept as a practical, everyday oil - valued not for intensity, but for consistency. Its light texture makes it suitable for daily use on the skin and scalp without heaviness.

In the stillroom, grapeseed oil is appreciated for balance. It conditions without occluding, softens without suffocating, and blends easily with essential oils or other botanical oils.

CAUTIONS

Safety Group 1: Generally regarded as safe when used as directed with children and while pregnant or nursing. Keep out of reach of children. Use with care if you have sensitive skin or known plant allergies. Discontinue use if irritation occurs. If you have a medical condition or specific skin concern, consult a qualified healthcare professional before use.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

MORE WAYS TO USE GRAPESEED OIL

Topically: Apply directly to clean skin as a facial oil or body moisturizer.

With Essential Oils. Blend 1 tablespoon grapeseed oil with 3–6 drops essential oil for topical dilution.

For Hair. Apply 2–4 drops to damp hair ends. Can be used as a scalp massage oil when blended with other carriers.

For Massage: Use alone or blend with other botanical oils for glide and absorption.

DIY Body Oil Blend. Applied to the skin as a simple body oils. Can be blended with olive or castor oil for gentler use.

- 2 tablespoons Grapeseed Oil
- 1 tablespoon Jojoba or Sweet Almond Oil
- Optional essential oils (3–5 drops total)

Blend and store in a dark glass bottle. Store in dark glass and use within 6–12 months.