

# LIVER HARMONY TRIO

## CASTOR SEED + HEPADETOX + LEMON

Unlock the power of plants with our Liver Harmony Trio, a thoughtfully crafted selection of oils designed to nurture and support liver health naturally. In a world filled with toxins and daily stressors, prioritizing your liver's well-being is essential. This unique combination of Castor Seed Oil, HepaDetox, and Lemon works together to cleanse, rejuvenate, and fortify your body's primary detoxification organ, helping you feel your best every day.\*

**Castor Seed Oil:** This pack's detox champion is renowned for its anti-inflammatory properties and ability to enhance circulation, making it an indispensable ally for liver health.\*

**HepaDetox:** A potent blend of essential oils specifically formulated to support liver function, aiding in toxin elimination and promoting regeneration for optimal performance.\*

**Lemon:** Bringing a refreshing burst of antioxidants and vitamin C, lemon supports digestion and amplifies the liver's natural detox processes while adding a delightful taste and aroma to your routine.\*

The Liver Harmony Trio combines the time-tested power of nature with the versatility of modern wellness. Each oil is ideal for topical use, aromatherapy, or as part of your daily regimen, offering you a multi-functional approach to health. Sourced from the finest ingredients and carefully handled to preserve their potency, this trio delivers handcrafted quality you can trust. Embrace natural wellness and give your liver the care it deserves!\*

With the Liver Harmony Trio, you're not just supporting your liver - you're giving it the care it needs to function at its best, helping you achieve a healthier, more vibrant life.\*

Start your journey to better liver health today with the Liver Harmony Trio and feel the difference a strong, balanced detox system can make!\*



Well known for its health and beauty benefits, our cold pressed, unrefined, hexane-free Castor Seed Oil is an all-in-one cosmetic and self-care oil that can be used from head to toe.\*

→ Combine 10 to 20 drops with HepaDetox and apply to the skin directly over the liver area. Massage in thoroughly.\*



HepaDetox is a powerful blend of essential oils that are known to help the liver detox and also to regenerate and rebuild liver cells.\*

→ Combine 1 to 2 drops with Castor Seed Oil and apply to the skin directly over the liver area. Massage in thoroughly.\*



Packed with antioxidants and vitamin C, lemon essential oil not only adds a refreshing aroma but also promotes digestion and assists in the liver's natural detox processes.\*

→ Add 1 to 2 drops to drinking water for a refreshing burst of citrus flavor and to assist optimal liver function.\*

# INGREDIENTS & CAUTIONS

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*

## Ingredients

**Castor Seed Oil:** 100% pure *Ricinus communis* (Castor Seed Oil), cold pressed and unrefined

**HepaDetox:** *Daucus carota* (Carrot Seed), *Mentha piperita* (Peppermint), *Citrus limon* (Lemon), *Rosa rubiginosa* (Rosehip Seed)

**Lemon:** Organic *Citrus limon* (Lemon) from Italy, cold expressed from peel

## Castor Seed Oil Cautions

- Keep out of reach of children.
- Consult with a physician before use if you have a serious medical condition or use prescription medications.

## HepaDetox Cautions

- Non-toxic, non-irritant, non-sensitizing.
- Do not exceed recommended dosages.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

## Lemon Cautions

- Lemon essential oil is non-toxic (if organic), and non-irritant. It will however cause the skin to sunburn if exposed to the sun right after application; you should wait several hours, keeping the skin covered, before exposing skin to sunlight.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

# Castor Seed Oil

cold pressed & unrefined 4 ounce

**HB**Naturals  
PRODUCT INFORMATION PAGE



## ingredients

100% pure Ricinus communis (Castor Seed Oil), cold pressed and unrefined

## responsible cautions

- Keep out of reach of children.
- Consult with a physician before use if you have a serious medical condition or use prescription medications.

\*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

## product summary

Well known for its health and beauty benefits, our cold pressed, unrefined, hexane-free Castor Seed Oil is an all-in-one cosmetic and self-care oil that can be used from head to toe. It is an excellent moisturizer, natural makeup remover, and nourishing serum for skin, hair, lashes, and brows.\*

Castor Seed Oil has been a wellness cabinet and beauty regimen staple for centuries in many different cultures worldwide. It contains powerful nutrients like Vitamin E, omegas, and polyphenols, and ricinoleic acid, a fatty acid that has been shown to help reduce inflammation.\*

Traditionally used as a stimulant laxative, our food-grade Castor Seed Oil may assist with pain relief, microbiome balance, nourishing and moisturizing skin, promoting hair growth, supporting the immune system, aiding constipation, and assisting relaxation for more restful sleep.\*

Our organic, cold pressed, unrefined Castor Seed Oil is 100% pure, vegan, hexane-free, and food grade. It can be diluted with other carrier oils, or used in pure form, undiluted. May be applied to the feet, belly button, or used as a pack.\*

## suggested usage

- Apply to rough or dry areas of the skin as needed.\*
- Apply a small amount to hair or eyebrows, leave overnight, and rinse thoroughly in the morning.\*
- Use as a soothing massage oil or combine with other natural ingredients to create castor oil packs, face and hair masks, exfoliant scrubs, nail and cuticle treatments, and more.\*
- **To Use As A Castor Seed Pack:** Saturate a 2 to 4 inch thickness of soft flannel cloth with Castor Seed Oil. Place cloth over desired area on body and cover with plastic wrap or wax paper. Apply heat with hot water bottle or heating pad on low. Leave in place at least one hour, or overnight if necessary.\*

# HEPADETOX

detoxification blend

10ml

**HBN**naturals  
PRODUCT INFORMATION PAGE



## application

Internal • Topical

## safety group #3

## ingredients

Daucus carota (Carrot Seed), Mentha piperita (Peppermint), Citrus limon (Lemon), Rosa rubiginosa (Rosehip Seed)

## ingredient highlights

- Carrot Seed has diuretic and purifying properties that make it an excellent detoxifier and liver support. It is extremely helpful in fighting jaundice and hepatitis, being most effective following, rather than during, an illness as it aids in regeneration by stimulating the growth of new cells and tissue.\*
- Peppermint encourages bile formation, which is essential for optimal fat metabolism, while regulating the liver.\*
- Lemon encourages bile secretion, aids liver function, and helps to decongest.\*

## product summary

HepaDetox is a blend of essential oils that are known to help the liver detox and also to regenerate and rebuild liver cells. The liver must deal with everyday toxins such as drugs and alcohol, food additives, and any other poisons that find their way into the digestive system along with toxins that we breathe in or are exposed to through the skin.\*

It is important to protect the liver and to help it detox when possible. Drugs and alcohol are known to cause cirrhosis of the liver. Fatty Liver Disease and Hepatitis may also cause life-threatening damage to the liver.\*

HepaDetox is best used after the initial phase of an acute attack of illness rather than during the attack.\*

## USES

- Rub 1 to 2 drops on the liver reflex area of the right foot. Massage in thoroughly.\*
- Apply 1 to 2 drops, neat, to the skin directly over the liver area. Massage in thoroughly.\*
- Add 2 to 3 drops to the juice of ½ or 1 whole organic lemon. Mix and drink.\*

## responsible cautions

- Non-toxic, non-irritant, non-sensitizing
- Do not exceed recommended dosages.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

\*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

# LEMON

citrus limon

10ml

**HBNaturals**  
PRODUCT INFORMATION PAGE



## application

Aromatic • Bath • Household • Internal • Topical

## properties

### Organic

**Producing Organ:** Peel

**Extraction:** Cold Expression

**Country of Origin:** Italy

**Safety Group:** #2

**Main Chemical Constituents:** limonene,  $\beta$ -pinene,  $\gamma$ -terpinene

**Therapeutic Properties:** Antiseptic, astringent, antitoxic, anti-anemic, antimicrobial, antirheumatic, antisclerotic, antispasmodic, bactericidal, carminative, promotes the formation of scar tissue, purifying, diaphoretic, febrifuge, haemostatic, hypotensive, insecticide, rubescent, stimulates white blood cells, tonifier, vermifuge [Julia Lawless, *The Illustrated Encyclopedia of Essential Oils* (Rockport, MA: Element Books, 1995), 120.]

## uses

- Add 10-15 drops to ½ cup Pink Himalayan or Dead Sea Bath Salts and mix into warm bath water for an invigorating bath.\*
- Add to drinking water for a refreshing burst of citrus flavor.\*
- Diffuse to sanitize the air and create an energizing, uplifting environment.\*
- Add to household cleaners to boost cleaning power.\*
- Apply 1 drop, neat, to strengthen finger nails.\*
- Apply 10-15 drops on the absorbent inner core of a nasal inhaler, cap the bottom, and inhale as needed.\*

## product summary

An amazing cleanser and purifier, Lemon has been known to be antiviral and anti-infectious. As a result, it is considered the #1 Essential Oil to kill bacteria.\*

According to Dr. Jean Valnet, when tested against other Essential Oils for airborne germs, Lemon came out as the number one disinfectant for the air.\*

It is also very effective added to household cleaners; it imparts a fresh smell to the kitchen and bathroom while eliminating germs. Add to the dishwasher, laundry, or household cleaners to boost to their disinfectant abilities. Combine with baking soda for a great scouring powder on sinks and counter-tops.\*

Add to food to enhance the flavor of desserts, main dishes, or cool, refreshing drinks. Taking Lemon internally can provide cleansing and digestive benefits.\*

## responsible cautions

- Lemon essential oil is non-toxic (if organic), and non-irritant. It will however cause the skin to sunburn if exposed to the sun right after application; you should wait several hours, keeping the skin covered, before exposing skin to sunlight.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

\*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.