

Magnesium Oil

75,000mg magnesium

4 ounce

HBNaturals
PRODUCT INFORMATION PAGE



ingredients

Purified water, 100% pure magnesium chloride brine from the Ancient Zechstein seabed in the Netherlands

suggested use

Apply 3-5 pumps of the magnesium oil directly onto clean skin on areas like your chest, thighs, torso, calves, and feet. Massage until fully absorbed (each pump delivers about 100mg of magnesium). It's normal to notice some salt residue on your skin afterward; you can either leave it on or rinse it off as desired. Any tingling or itching should fade as the oil soaks in.

responsible cautions

- Use only as directed.
- For external use only.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Do not apply on open wounds, irritated skin, recently shaven skin, or broken skin.
- Avoid contact with eyes and mucous membranes.
- Keep out of reach of children and pets.
- Discontinue use if irritation occurs.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

topical magnesium advantage

ABSORPTION

When absorbed directly into the bloodstream through the skin, topical magnesium can provide faster relief of magnesium deficiency symptoms such as muscle cramps, fatigue, headaches, and stress.*

EASE OF USE

Topical magnesium is an excellent alternative for individuals who have difficulty swallowing pills.*

TARGETED APPLICATION

Topical magnesium can be applied directly to specific areas of the body that require relief or support.*

product summary

Magnesium plays a vital role in over 300 bodily functions, yet 2 out of 3 people are unknowingly deficient in it. Zechstein magnesium chloride is one of the most bioavailable and easily absorbed forms for topical use.*

Our ultra-concentrated solution of Zechstein magnesium chloride is a simple and powerful way to harness the benefits of this vital mineral. Our magnesium chloride is naturally sourced from 1,500 meters below the surface of the ancient Zechstein Sea Bed, formed over 250 million years ago. This pristine underground source has remained untouched by modern pollution, making it one of the purest forms of magnesium chloride available.*

Studies show that magnesium can help reduce stress, anxiety, muscle soreness, joint pain, headaches, PMS, and skin conditions like eczema and psoriasis, while also promoting restful sleep. Additionally, it aids in calcium absorption, supporting bone health and growth.*

A magnesium deficiency can dramatically increase your risk of serious health issues, doubling your mortality risk according to a study in *The Journal of Intensive Care Medicine*. Early signs of deficiency include fatigue, nausea, and weakness, escalating to more serious issues like muscle cramps, seizures, and abnormal heart rhythms if left unchecked. Maintaining adequate magnesium levels is vital for sustaining the intricate balance of biochemical reactions that keep us healthy.*

Simply put, magnesium is indispensable for life and vibrant health.*

The skin, our body's largest and most absorbent organ, provides an ideal pathway for absorbing magnesium, making topical application an effortless way to support your health and well-being.*

By integrating topical magnesium into your daily routine, you can naturally replenish your levels of this vital mineral and promote better muscle function, improved skin health, and overall vitality. Experience the difference that this ancient, pure source of magnesium can make for your wellness journey today!*