

# Pain Magnesium Oil

75,000mg magnesium 4 ounce

**HB**Naturals  
PRODUCT INFORMATION PAGE



## ingredients

Purified water, 100% pure magnesium chloride brine from the Ancient Zechstein seabed in the Netherlands, Helichrysum italicum (Helichrysum) Flower Oil, Eugenia caryophyllata (Clove) Bud Oil, Rosmarinus officinalis ct. cineole (Rosemary ct. 1,8 cineole) Flower Oil, Origanum majorana (Marjoram, sweet) Flower Oil, Gautheria fragrantissima (Wintergreen) Leaf Oil, Calophyllum inophyllum (Tamanu) Nut Oil

## suggested use

Shake well before use. Spray generously on the affected area and gently massage to increase absorption (each pump delivers about 100mg of magnesium). For best results, use as needed throughout the day. It's normal to notice some salt residue on your skin afterward; you can either leave it on or rinse it off as desired. Any tingling or itching should fade as the oil soaks in.

## responsible cautions

- Use only as directed.
- For external use only.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- May increase the effect of anticoagulant drugs.
- Not recommended for those facing major surgery, suffering from hemophilia or other bleeding disorders, with young children, or those with salicylate sensitivity.
- Do not apply on open wounds, irritated skin, recently shaven skin, or broken skin.
- Avoid contact with eyes and mucous membranes.
- Keep out of reach of children and pets.
- Discontinue use if irritation occurs.

\*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

## topical magnesium advantage

### ABSORPTION

When absorbed directly into the bloodstream through the skin, topical magnesium can provide faster relief of magnesium deficiency symptoms such as muscle cramps, fatigue, headaches, and stress.\*

### EASE OF USE

Topical magnesium is an excellent alternative for individuals who have difficulty swallowing pills.\*

### TARGETED APPLICATION

Topical magnesium can be applied directly to specific areas of the body that require relief or support.\*

## product summary

Magnesium plays a vital role in over 300 bodily functions, yet 2 out of 3 people are unknowingly deficient in it. Zechstein magnesium chloride is one of the most bioavailable and easily absorbed forms for topical use.\*

Our ultra-concentrated solution of Zechstein magnesium chloride is a simple and powerful way to harness the benefits of this vital mineral. Our magnesium chloride is naturally sourced from 1,500 meters below the surface of the ancient Zechstein Sea Bed, formed over 250 million years ago. This pristine underground source has remained untouched by modern pollution, making it one of the purest forms of magnesium chloride available.\*

Studies show that magnesium can help reduce stress, anxiety, muscle soreness, joint pain, headaches, PMS, and skin conditions like eczema and psoriasis, while also promoting restful sleep. Additionally, it aids in calcium absorption, supporting bone health and growth.\*

Experience the restorative benefits of our Magnesium Oil, combined with Tamanu, Helichrysum, Rosemary, and Marjoram essential oils in a specially formulated spray to target discomfort while promoting recovery. Add this simple yet effective solution to your routine and feel the difference in your health and well-being today!\*

## ingredient highlights

- **Tamanu** is a potent natural remedy for pain relief, renowned for both its anti-inflammatory and analgesic properties. Rich in compounds like calophyllolide, it effectively reduces inflammation and soothes conditions like arthritis, sciatica, and neuralgia. Applied topically, Tamanu oil penetrates deeply to relieve muscle aches, joint pain, and nerve discomfort, while also supporting skin regeneration and healing.\*
- **Helichrysum** is a go-to essential oil for its remarkable ability to heal and restore. Known for its potent anti-hematoma properties, Helichrysum reduces inflammation and promotes vascular dilation, making it an excellent remedy for circulatory issues. Helichrysum is especially effective in treating broken or varicose veins, bruises, and hematomas, and offering swift relief and recovery for skin injuries.\*