

Sleep Magnesium Oil

75,000mg magnesium

4 ounce

HBNnaturals
PRODUCT INFORMATION PAGE



ingredients

Purified water, 100% pure magnesium chloride brine from the Ancient Zechstein seabed in the Netherlands, Artemisia pallens (Davana) Flower Oil, Lavandula angustifolia (Lavender, vera) Flower Oil, Plumeria obtusa (Plumeria) Flower Oil, Cedrus atlantica (Cedarwood, atlas) Wood Oil, Cananga odorata (Ylang Ylang Complete) Flower Oil, Magnolia champaca (Champaca) Flower Oil, Polianthes tuberosa (Pink Tuberose) Flower Oil

suggested use

Shake well before use. Spray generously on thighs, neck, shoulders, and chest approximately 10 to 15 minutes before bedtime. It's normal to notice some salt residue on your skin afterward; you can either leave it on or rinse it off as desired. Any tingling or itching should fade as the oil soaks in.*

responsible cautions

- Use only as directed.
- For external use only.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Do not apply on open wounds, irritated skin, recently shaven skin, or broken skin.
- Avoid contact with eyes and mucous membranes.
- Keep out of reach of children and pets.
- Discontinue use if irritation occurs.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

topical magnesium advantage

ABSORPTION

When absorbed directly into the bloodstream through the skin, topical magnesium can provide faster relief of magnesium deficiency symptoms such as muscle cramps, fatigue, headaches, and stress.*

EASE OF USE

Topical magnesium is an excellent alternative for individuals who have difficulty swallowing pills.*

TARGETED APPLICATION

Topical magnesium can be applied directly to specific areas of the body that require relief or support.*

product summary

Magnesium plays a vital role in over 300 bodily functions, yet 2 out of 3 people are unknowingly deficient in it. Zechstein magnesium chloride is one of the most bioavailable and easily absorbed forms for topical use.*

Our ultra-concentrated solution of Zechstein magnesium chloride is a simple and powerful way to harness the benefits of this vital mineral. Our magnesium chloride is naturally sourced from 1,500 meters below the surface of the ancient Zechstein Sea Bed, formed over 250 million years ago. This pristine underground source has remained untouched by modern pollution, making it one of the purest forms of magnesium chloride available.*

Studies show that magnesium can help reduce stress, anxiety, muscle soreness, joint pain, headaches, PMS, and skin conditions like eczema and psoriasis, while also promoting restful sleep. Additionally, it aids in calcium absorption, supporting bone health and growth.*

Experience the restorative benefits of our Magnesium Oil, combined with Davana, Lavender, Plumeria, and Ylang Ylang essential oils in a specially formulated spray meticulously crafted to ease the mind and body, creating the perfect environment for a deep and restorative night's sleep. Add this simple yet effective solution to your routine and feel the difference in your health and well-being today!*

ingredient highlights

- **Davana** is known for its calming and soothing properties, making it an excellent aid for sleep. Its sweet, fruity aroma helps to relax the mind, reduce anxiety, and ease stress, which are common barriers to restful sleep. Its ability to harmonize the emotions further enhances its effectiveness as a natural sleep aid.*
- **Lavender** essential oil is renowned for its calming effects, making it a popular choice for promoting better sleep. Its soothing aroma helps to relax the nervous system, reduce anxiety, and create a peaceful environment, which can make it easier to fall asleep and stay asleep.*