

Wild Yam Magnesium Oil

75,000mg magnesium

4 ounce

HBNaturals
PRODUCT INFORMATION PAGE



ingredients

Purified water, 100% pure magnesium chloride brine from the Ancient Zechstein seabed in the Netherland, wild yam rhizome (*Dioscorea villosa*) extract, certified organic cane alcohol (57-67%), *Pelargonium graveolens* (Rose Geranium) Flower Oil, *Citrus sinensis* (Blood Orange) Fruit Oil, *Citrus paradisi* (Pink Grapefruit) Fruit Oil, Organic *Lavandula angustifolia* (Lavender Vera) Flower Oil, *Salvia sclarea* (Clary Sage) Leaf and Flower Oil, *Jasminum grandiflorum* (Jasmine) Flower Oil, *Angelica archangelica* (Angelica) Root Oil

suggested use

Shake well before use. Spray 3-5 pumps directly onto clean skin on areas like your chest, thighs, torso, calves, and feet. Massage until fully absorbed (each pump delivers about 100mg of magnesium and 25mg of wild yam). It's normal to notice some salt residue on your skin afterward; you can either leave it on or rinse it off as desired. Any tingling or itching should fade as the oil soaks in.*

responsible cautions

- Use only as directed.
- For external use only.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- This spray does not contain added estrogen or progesterone.
- Do not apply on open wounds, irritated skin, recently shaven skin, or broken skin.
- Avoid contact with eyes and mucous membranes.
- Keep out of reach of children and pets.
- Discontinue use if irritation occurs.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

topical magnesium advantage

ABSORPTION

When absorbed directly into the bloodstream through the skin, topical magnesium can provide faster relief of magnesium deficiency symptoms such as muscle cramps, fatigue, headaches, and stress.*

EASE OF USE

Topical magnesium is an excellent alternative for individuals who have difficulty swallowing pills.*

TARGETED APPLICATION

Topical magnesium can be applied directly to specific areas of the body that require relief or support.*

product summary

Magnesium plays a vital role in over 300 bodily functions, yet 2 out of 3 people are unknowingly deficient in it. Zechstein magnesium chloride is one of the most bioavailable and easily absorbed forms for topical use.*

Our ultra-concentrated solution of Zechstein magnesium chloride is a simple and powerful way to harness the benefits of this vital mineral. Our magnesium chloride is naturally sourced from 1,500 meters below the surface of the ancient Zechstein Sea Bed, formed over 250 million years ago. This pristine underground source has remained untouched by modern pollution, making it one of the purest forms of magnesium chloride available.*

Studies show that magnesium can help reduce stress, anxiety, muscle soreness, joint pain, headaches, PMS, and skin conditions like eczema and psoriasis, while also promoting restful sleep. Additionally, it aids in calcium absorption, supporting bone health and growth.*

Our Magnesium Oil & Wild Yam Spray combines the power of Zechstein magnesium with wild yam extract and pure essential oils in a proprietary blend to promote hormonal balance and ease discomfort associated with hormonal fluctuations.*

Wild yam has been valued for centuries in traditional medicine for its powerful benefits in women's health. It has been shown to help relieve symptoms of PMS and menopause, such as cramps, mood swings, and hot flashes, while also providing anti-inflammatory benefits that can aid in reducing joint pain and promoting overall comfort.*

This spray is further enhanced with Clary Sage for its natural phytoestrogens that help regulate menstrual cycles, reduce PMS symptoms, and ease menopause-related discomfort. Rose Geranium complements this blend by supporting hormonal balance and offering relief from symptoms like fatigue and pain, with research suggesting its potential to promote estrogen secretion.*

Together, these powerful natural ingredients create a comprehensive formula to help women maintain balanced hormones and overall well-being naturally.*